

Shoreline



City of Seal Beach Classes and Activities • Spring 2013



City of Seal Beach

211 8th Street, Seal Beach, CA 90740
(562) 431-2527

CITY COUNCIL

City Council meetings are open to the public and are held at City Hall on the second and fourth Monday of each month at 7 p.m.

| | |
|----------------|----------------------------|
| Mayor | Gary Miller, District 4 |
| Mayor Pro Tem | Ellery Deaton, District 1 |
| Council Member | David Sloan, District 2 |
| Council Member | Gordon Shanks, District 3 |
| Council Member | Michael Levitt, District 5 |

CITY STAFF

| | |
|------------------------------------|--------------------|
| City Manager | Jill Ingram |
| Assistant City Manager | Sean Crumby |
| City Clerk | Linda Devine |
| Chief of Police | Joseph Stilinovich |
| Director of Community Development | Jim Basham |
| Director of Finance/City Treasurer | Victoria Beatley |
| Director of Public Works | Sean Crumby |
| Marine Safety Chief | Joe Bailey |

COMMUNITY SERVICES STAFF

| | |
|----------------------------|---------------------------|
| Recreation Manager | Tim Kelsey, ext. 1341 |
| Comm. Services Coordinator | Dana Engstrom, ext. 1306 |
| Comm. Services Specialist | Marquis Lee, ext. 1307 |
| Comm. Services Specialist | Morgan Wraight, ext. 1344 |

RECREATION COMMISSIONERS

| | |
|------------|-------------------|
| District 1 | Roslyn Bennett |
| District 2 | Lauren Sosenko |
| District 3 | Carla Watson |
| District 4 | Schelly Sustarsic |
| District 5 | Graham McAllister |

MUNICIPAL MEETINGS

Planning Commission
7:30pm; 1st & 3rd Wednesday per month

Environmental Quality Control Board
6:30pm; Last Wednesday/month

Recreation Commission
6:00pm; 4th Wednesday/month
*January, February, March, April, May, June,
September, October, November*

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HOLIDAY CLOSURES

Presidents' Day - February 18

Memorial Day - May 27

Day Light Savings

Spring Forward on Sunday, March 10, 2013

Registration Begins Tuesday, February 19, 2013

We welcome non-residents to participate in our programs as well! Register early to avoid class cancellations. Pre-registration required through the Community Services Department for all classes. If your name is not on the roster you may not participate in the class until class fees have been paid.

City News

City of Seal Beach



Spring 2013

A Message from the City Manager's Office

At the end of every year, we all have a tendency to look back and reflect on the challenges and issues that we have faced or recall the goals that we have reached during the past year. Individually, this reflection is a basis for self-improvement, and as a City we look back to ensure that we have been on the right path to achieving the City's objectives. We also look back to plan for the future and to ensure that we continue to remain fiscally sound while still providing quality programs and services.

In 2012, the City of Seal Beach continued its efforts within the community to enhance the quality of life of our residents and visitors, while building and maintaining a strong financially managed organization. Our accomplishments over the past year reflect a firm commitment to provide the highest quality services to the community, and set the foundation for future success.

Part of the foundation was the hiring of three new executive team members in 2012: Finance Director Vikki Beatley, Community Development Director Jim Basham, and Police Chief Joe Stilinovich. All three have a proven track record of leadership in areas that are important to our community, our employees and our

strategic partners. Each new executive team member has the professional qualifications, personal attributes, demeanor, and community spirit that will make them an excellent fit for Seal Beach. We can expect each new member to advance the goals and objectives of the City moving forward.

In addition to building a strong team, the City continued to pursue projects that would strengthen the City's infrastructure. One such project was the River's End project, which included repaving the parking lots, expanding Windsurfer Park, and repaving about three miles of the San Gabriel River bike trail. Another project that bolstered the City's infrastructure was the improvement at the College Park Drive/Studebaker Road off-ramp, which was a project 20 years in the making, alleviating long-standing congestion issues for College Park West residents. These and many other projects that were completed in 2012 will have a long-lasting impact on the quality of life for our residents.

In 2013, the City has a variety of construction projects in the works, including the Main Street Alley Project, a project that will improve the sewer and waterlines north of Ocean Avenue between



City Manager Jill R. Ingram

Main Street and 6th Street. Improvements will also be made at Seal Beach Boulevard and Golden Rain Road. This project will consist of the replacement of traffic signals and striping improvements. There are host of other improvement projects in store for 2013 and we look forward to working with the Council, staff, and the community to prioritize and complete these projects.

Another key component to the City's success in 2013 is our continued support of the business community. The City

City Manager Message Continued on Page 4

Seal Beach Hires New Police Chief

Commander Stilinovich brings over 17 years of experience in public service to the Seal Beach Police Department. Commander Stilinovich has spent his entire career with the Long Beach Police Department and has served for the past five years as a Commander, and currently serves as the Gang and Violent Crimes Division Commander. His assignments have also included Patrol South Division Commander and Training Division Commander.

"Joe has a proven track record of leadership in the areas the Council and I heard were most important to our community, our employees and our strategic partners," said City Manager Jill Ingram. "He has a wealth of experience and I am extremely confident he is capable of advancing the goals and objectives of the City's stellar police department and the

Seal Beach community."

Mayor Michael Levitt also commented, stating, "I believe that we have found in Commander Stilinovich a chief of police that not only has the professional qualifications, but the personal attributes, demeanor, interests, and community spirit that will make him an excellent fit for this very important position in Seal Beach."

Commander Stilinovich has a Bachelor's degree in Business and a Master's degree in Emergency Service Administration both from California State University, Long Beach. He is a graduate of the FBI National Academy, West Point Leadership Program, Sherman Block Supervisory Leadership Institute, and received the California Peace Officers Association Professional Achievement Award.



"I am very honored and humbled to have been selected by City Manager Ingram to serve as the chief of police for the Seal Beach Police Department. Policing is a people business and Seal Beach is known for being a close knit, supportive community. I am excited to work with the community and entire City family. The Seal Beach Police Department is a strong, well respected organization. My goal is to keep the Department moving forward while ensuring we are responsive, approachable and transparent to the community we serve."

A Message from the City Manager's Office Continued from Page 3

and the Seal Beach Chamber of Commerce will look for new ways to develop partnerships with area businesses and foster relationships that will benefit the community and the many visitors that shop, dine, and stay in Seal Beach.

After 25 years, Ruby's Diner chose to close its doors on the Seal Beach pier. Though the City is disappointed to see Ruby's depart, it is a great opportunity to attract a new business that will become established as a desired destination spot for dining on the pier while also benefiting Main Street with increased foot traffic.

The new year also brings with it the responsibility of developing a new budget for Fiscal Year 2013-14, and as such the City Council will begin to lay the framework in February during the mid-year review of the current budget. At this time, the City Council and staff will begin to set priorities for the new fiscal year, and at the budget workshops in May, residents and the business community will have the opportunity to participate and provide input in the development of the Fiscal Year 2013-14 budget. We look forward to your participation.

The on-going success of Seal Beach

is premised upon staying true to our mission, maintaining shared values and vision as well as being dedicated to principle-centered leadership. The City Council has provided this leadership over the past year and will continue to do so as we make our way through 2013.

I would like to express my sincere appreciation to the City Council and City staff for their leadership and thank the community for your support as we continue to make Seal Beach a beacon by the sea.

All the best for a successful 2013!

*Jill R. Ingram
City Manager*

You're Gonna Love Our Summer Camps!

See **Page 21-27** for additional information.

Solar Water Heating Rebates

Reduce your family's carbon footprint and save money on your electricity or gas bills

Both Southern California Edison and Southern California Gas Company are offering incentive rebates to customers who install solar thermal water heating systems to replace older systems powered by electricity or gas.

The rebates – up to \$1,875 for single-family homes and up to \$500,000 for multifamily and commercial properties – are being offered as part of the California Solar Initiative Thermal (CSI-Thermal) program. The actual amount of the rebate varies depending on a number of factors that include system size and performance and installation standards.

To be eligible for a CSI-Thermal Program rebate, a qualifying* SWH system must be installed in by an eligible contractor licensed by the State Contractors State



License Board and certified by the CSI-Thermal Program, or by the homeowner also certified by the CSI-Thermal Program.

New construction projects are not eligible to receive an incentive rebate under the electric/gas-displacing portion of the CSI Thermal Program, but may be eligible under the California Energy Commission's New Solar Homes Partnership Program.

For more information or to register for the California Solar Initiative Thermal program, visit www.csithermal.com. For details about the new solar homes partnership, visit www.gosolarcalifornia.org.



Marina Drive Storm Drain Project

The City is overseeing the reconstruction of a storm drain system located on Marina Drive between 5th street and Corsair Way. The purpose behind this project is to provide a larger, downstream system to better help protect against flooding in the Bridgeport and northern Old Town areas. The project has begun the preliminary stages of construction and will continue through the end of Spring. For most of the project, Marina Drive will be closed to traffic due to the large nature of the storm drains and the construction that they entail. Access into and out of the Bridgeport Neighborhood will be out of the Marina Drive entrance while the 5th Street access is blocked. Future phases of storm drain construction will eventually continue off of this line and head up 5th street as well as head down 5th street and on towards Marina and 6th streets.

Water and Sewer Maintenance Responsibilities

Everyone depends daily on the water and sewer service to your home. Without those services the quality of life for everyone will be impacted. Did You Know that portions of that service are your responsibility to maintain?

The City of Seal Beach strives to provide quality water sewer service for our residents. The fees that are paid for these services insure that clean water and efficient sewer service is brought to each home in Seal Beach. It is the homeowner's responsibility once the service reaches your home.

For the water system, the City's water department operates and maintains a network of reservoirs, wells, water mains, and

water meters for each service. The water meter is typically located at or near the property line. On the private property side of the water main it is the homeowner's responsibility to maintain good working order of the system. The City recommends monitoring and upkeep of routine maintenance.

For the sewer system, the City operates a similar system of pumps and pipes that collect the waste from every home and deliver it to the Orange County Sanitation District for treatment. For the sewer system every homeowner is responsible for the maintenance of the sewer lateral that connects to the City's sewer main. This lateral will likely extend into the public street.

City Welcomes New Director of Community Development

After an extensive search, the City has selected Jim Basham as the City's next Director of Community Development.

The Director of Community Development is responsible for the administration and operation of three divisions: Planning, Building and Safety and Code Enforcement. The Department is responsible for providing services that promote the community's short and long term development interests in maintaining Seal Beach's high standards of development in its residential, commercial and industrial areas. Mr. Basham brings over 20 years of leadership and management experience in community development, with the last 5 years as Director of Community Development for the City of Monterey Park.

"I am delighted Jim has agreed to take on the role as Director of Community Development for the City of Seal Beach," said City Manager Jill Ingram. "Jim's qualifications demonstrate exceptional leadership and I am confident he will continue to work collaboratively toward achieving the City's goals and objectives during these tough economic times."

Mr. Basham has a Bachelor's degree in Urban Planning from California State



Polytechnic University of Pomona and a Master's degree in Policy Administration from California State University at Long Beach. Mr. Basham is a member of the American Planning Association and has served on many professional and community organizations throughout his career.

"Seal Beach is a wonderful coastal community balanced with well-maintained residential neighborhoods, stabilized commercial developments and an established downtown uniquely characterized by early California architecture," said Mr. Basham. "I am honored and excited to be the new Community Development Director and look forward to working with the City Council, the residents and business owners".

Ocean Avenue Project

The alley north of Ocean Avenue between Main Street and 6th Street has water and sewer utility lines that have deteriorated over the years. The Ocean Avenue Alley Waterline and Sewer Replacement Project No. WT1201 will replace sewer, waterlines and rehabilitate the alley pavement with a new concrete surface. The City is currently under construction and estimates the project to be completed summer of 2013.



Call 811 Before You Dig

A quick and free 811 phone call may help prevent serious injuries, costly property damage, and the interruption of utility service. That's the message local utility companies hope homeowners and professional excavators bear in mind prior to beginning any type of project that requires digging. Because pipelines, conduits, wires and cables are located sometimes just inches below the surface, even small projects such as planting a tree or installing a mailbox can result in damage to underground infrastructure. One call to the Underground Service Alert (USA) at 811, at least two business days before digging, notifies all local utility companies to go out and mark the location of their underground facilities in and around the excavation site at no cost to the property owner. As an important note, calling 811 will get only utility-owned lines located and marked; customer owned utility lines are not located or marked. Utility-owned lines are typically located from the street to your meters. Piping and cabling between the meter and your appliances or equipment belong to and are the responsibility of the property owner. To have customer-owner lines located and marked, customers need to call a private company. For more information, visit www.call811.com. Did you know that utility companies use a universal color code to mark their underground infrastructure?

Red – Electric

Orange – Communications, Telephone/CATV

Blue – Potable Water

Green – Sewer/Drainage

Yellow – Gas/Petroleum Pipe Line

Purple – Reclaimed Water

White – Premark site of intended excavation

Seal Beach Tennis Center
New Member Drive



■ CLUBS & ORGANIZATIONS

| | |
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| American Legion Post #857 | Joe Palmer — 562-596-3950 |
| Animal Care Center | 562-430-4993 |
| American Youth Soccer (AYSO) | www.ayso159.org |
| Beach Cities LaCrosse | 714-719-6470 |
| CPENA | sealbeachcpena@hotmail.com |
| Chamber of Commerce | General Info: 562-799-0179 www.sealbeachchamber.org |
| Food Finders | Arlene Mercer — 562-598-3003 |
| Friends of the Mary Wilson Library | Tom Blackman — 562-431-7415 |
| Girl Scouts | Lynn Gosselin — 562-596-4315 |
| Historical Society Red Car Museum | 562-430-1450 |
| International Friendship Assoc. | Rose Wenjen — 562-596-8568 |
| Interval House — Women's Shelter | 562-594-9492 |
| League of Women Voters | Marilyn DeWitt — 562-431-7575 |
| Los Al/Seal Beach Football | LosALFNL.com |
| LOTE Volunteer Organization | Barbara Barton — 562-596-3497 |
| McGaugh School PTA | Isabelle McFadden — 562-596-1199 |
| MOMS Club of Seal Beach | Veronica Vallejo — 562-493-0543 www.momsclubofsb.org |
| Moms Club of Seal Beach-Old Town | www.momscluboldtown.com |
| Republican Women's Club | Phyllis Steiner — 714-826-7022 |
| R.O.C.K. Raising Our Celiac Kids | Christie Scales — 562-799-2060 |
| Rotary Club of Seal Beach & Los Alamitos | Patricia Efkenzai — 562-431-9400 |
| Save Our Beach | Kim Masoner — 562-884-6764 |
| Seal Beach Arts & Crafts Faire | Belinda — 562-598-0116 |
| Seal Beach Beauty Pageant | Rossie — 562-431-5679 |
| Seal Beach Lions Club | Scott Newton 562-537-3955 |
| Seal Beach Leo Club | Scott Newton 562-537-3955 |
| Seal Beach Pony Baseball | www.sbsony.com |
| Seal Beach TV 3 Community Access | 562-596-1404 |
| Seal Beach Swim Club | 562-430-1092 |
| Seal Beach Volleyball Club | 562-430-6671 www.sealbeachvolleyballclub.com |
| Seal Beach Wildlife Refuge | 562-598-1024 |
| The Seal Beachcombers Club | Resident SOCAL Club — 562-243-8987 www.sealbeachcombers.com |
| Surfrider Foundation | Mike Balchin — 562-397-3658 mebahh2o@msn.com |
| Special Olympics So California-OC | Jimmy Wong — 714-564-8374 |
| Trees for Seal Beach | 714-235-0880 |
| Woman's Club of Seal Beach | Twyla Karkut — 562-431-7290 |

■ TRASH

| | |
|-----------------------|---|
| Consolidated Disposal | (800) 299-4898 www.consolidateddisposalservice.com |
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■ STREET SWEEPING

| | |
|--------------|----------------|
| R.F. Dickson | (800) 573-3222 |
|--------------|----------------|

■ SEAL BEACH WATER BILLING

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|---------------|----------------------|
| Water Billing | (562) 431-2527 x1309 |
|---------------|----------------------|

■ CITY & GOVERNMENT OFFICES

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|---------------------------------|--------------------------------------|
| Seal Beach City Hall | 562-431-2527 |
| Community Services Office | General Info: 562-431-2527, ext 1344 |
| Los Al Unified School District | 562-799-4700 |
| McGaugh School Office | 562-799-4560 |
| Police Dept, non-emergency | 562-799-4100 |
| SB Lifeguard Headquarters | 562-430-2613 |
| SB Com Pool @ McGaugh School | 562-430-9612 |
| Community Senior Serv | Senior lunch program: 562-430-6079 |
| Senior Transportation (SB ONLY) | 562-439-3699 |
| Main Post Office (Westminster) | 562-596-5546 |

■ RECREATION & COMMUNITY SERVICES

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|------------------------------|--------------|
| Los Alamitos Recreation | 562-430-1073 |
| Los Alamitos Youth Center | 562-493-4043 |
| Rossmoor Comm. Services Dist | 562-430-3707 |

■ LIBRARIES

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|-------------------------------|--------------|
| Leisure World Library | 562-431-1611 |
| Mary Wilson Library | 562-431-3584 |
| Rossmoor/Los Alamitos Library | 562-430-1048 |

■ PRESCHOOL

| | |
|----------------------|--------------|
| Growing Tree | 562-430-2434 |
| Sun N Fun | 562-430-4384 |
| Seal Beach Playgroup | 562-594-0066 |

■ LOCAL NEWS

| | |
|------------------------------------|--------------|
| Seal Beach TV 3 (Community Access) | 562-596-1404 |
|------------------------------------|--------------|

■ COMMUNITY SERVICES DEPARTMENT

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|--------------------|--|
| Hours of Operation | Monday-Friday; 8am - 5pm Closed Daily 12-1pm |
| Address | 211 8th Street, Seal Beach, CA 90740 (562) 431-2527 |

Ext. 1307 — Adult Sports, General Information & Classes

Ext. 1306 — Brochure/Classes, Instructors, Facility/Park Rentals and Special Event Permits

Ext. 1341 — Athletic Fields, Aquatics, Swim Lessons, Gym Reservations, and Film Permits

Ext. 1344 — Community Garden, Tennis Center, General Information & Class Rosters



City of Seal Beach- Community Services



SealBeachRec

March & April 2013

All-City Novice Tennis Tournaments

Seal Beach Tennis Center, 3900 Lampson Ave.

Save the dates for two exciting all-city tennis tournaments to be held at the Seal Beach Tennis Center this spring! No tournament experience necessary. Check for details online at www.sealbeachtenniscenter.com

Saturday, March 30, 2013

Adult Doubles Novice Tournament

Sunday, April 28, 2013

Junior Singles Novice Tournament



April 13

Run Seal Beach

5/10K Run • 5K Walk • Kids Fun Run

Sign Up Now - Entries are limited. For more information or to register, visit www.RunSealBeach.com. All event proceeds support local Recreation, Fitness & Schools, Programs and Organizations.

April 27

Seal Beach 25th Annual Classic Car Show



10 a.m.-3 p.m. • Main St.

FREE spectator admission.

Register online at www.sealbeachchamber.org

Through April 15

Free Tax Assistance & Preparation

Monday Mornings Only!

Fire Station #48

Community Room 3131 N. Gate Road

Free tax preparation for taxpayers with low- and middle-income, with special attention to those 60 and older in preparing State and Federal Income Tax returns. Appointments will be taken on a first-come, first-served basis. You will meet your tax counselor at the Fire Station #48 Community Room. Walk-ins will be accepted based on availability. Call for your free appointment and paperwork today! (562) 431-2527 x1344.

Ongoing

Save our Beach

3rd Saturday of each month

9 a.m.-12 p.m. • 8th Street Beach

For more information call Kim Masoner at (562) 884-6764.

The Seal Beach Chamber of Commerce presents

THE 6TH ANNUAL seal beach 2013 BE MORE HEALTHY EXPO

SATURDAY, MARCH 16

9:00 AM TO 4:00 PM

AT THE SEAL BEACH PIER

CO-PRESENTERS:

CITY OF SEAL BEACH

AND SEAL BEACH LIONS CLUB

**Featuring
Over 75
Exhibitors**

**FREE ADMISSION
OPEN TO THE PUBLIC**

DEMONSTRATIONS

KIDS ZONE

FREE DRAWINGS

HEALTH SCREENINGS

MASSAGES

SENIOR HEALTH

AND MUCH MORE!

For More Information, contact:

Diana Bean - (562)888-0298

coachingbeans@yahoo.com

Baby Sign Language

Shannon Zeeman

Los Alamitos Community Center, 10911 Oak Street

In this class, parent & baby will learn to communicate before baby can speak. You will learn hand movements using basic sign language. You and your baby will learn words such as please, thank you, more, Mom, Dad & so on. All of these words will let you know their wants & feelings. \$3 supply fee payable to instructor at first class.

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|-----------|---------|-----|-----------|--------------|-------------|------|
| 211071-01 | 3 weeks | Mon | 4/29-5/13 | 9:45-10:30am | infant-2yrs | \$40 |
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Music & Movement

Danuta Klimczak

Seal Beach Senior Center, 707 Electric Ave.

Designed to provide a positive, challenging, learning environment for children to blossom musically and personally. Children will participate in musical games, singing, dancing, listening, and playing instruments. Program combines elements of Orff Schulwerk and Kodaly methods with traditional philosophies of musical education. No Class 3/29

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| 211061-01 | 6 weeks | Fri | 3/15-4/26 | 10-10:45am | 2 yrs | \$65 |
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| 211061-02 | 6 weeks | Fri | 3/15-4/26 | 11-11:45am | 3-4 yrs | \$65 |
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| 211061-03 | 5 weeks | Fri | 5/10-6/7 | 10-10:45am | 2 yrs | \$55 |
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| 211061-04 | 5 weeks | Fri | 5/10-6/7 | 11-11:45am | 3-4 yrs | \$55 |
|-----------|---------|-----|----------|------------|---------|------|

Art Playground for Preschooler

Easel Does It!

Marina Community Center- Large Room/Park, 151 Marina Dr.

Are you worn out from running in seven different directions, taking your kids to all their separate activities? What if you could bring them to the SAME class where fun & creativity are key? Each week, kids have the freedom to express their artistic style in our playground of stimulating arts & crafts stations. You take home the fabulous masterpieces; the mess stays with us! Dress for a mess & sign you child up today! NEW PROJECTS EVERY SESSION!!!! Parent participation required. \$20 materials fee due to instructor at first class.

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|-----------|---------|-----|-----------|--------------|--------------|------|
| 211040-01 | 8 weeks | Wed | 4/10-5/29 | 9:45-10:30am | 18 mos-5 yrs | \$80 |
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| 211040-02 | 8 weeks | Wed | 4/10-5/29 | 10:45-11:30am | 18 mos-5 yrs | \$80 |
|-----------|---------|-----|-----------|---------------|--------------|------|

Toddler Express

Reina Rivera, Los Alamitos Community Center-Craft Room, 10911 Oak St.

Join us for activities such as sensory stations, creative arts and crafts, learning games and bringing storybooks to life through puppetry. Children will learn socialization skills as they explore activities developing their motor and verbal skills all in a positive and nurturing atmosphere. Parent participation is required. Please do not bring unregistered siblings. Visit www.monkeysteps.com for more information. \$5 cash supply fee payable to instructor.

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|-----------|---------|-----|----------|--------------|---------|------|
| 211073-01 | 5 weeks | Wed | 4/10-5/8 | 9:30-10:15am | 1-3 yrs | \$58 |
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| 211073-02 | 5 weeks | Wed | 5/15-6/12 | 9:30-10:15am | 1-3 yrs | \$58 |
|-----------|---------|-----|-----------|--------------|---------|------|

Kiddie Karate

Gary Pitts, Los Alamitos Community Center, 10911 Oak Street

Learn basic techniques and principles emphasizing the three "C's": coordination, confidence and concentration. Wear loose clothing. Parents remain outside during class. Meeting with the instructor can be done after class.

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|-----------|---------|-----|----------|----------|---------|------|
| 211050-01 | 4 weeks | Tue | 5/7-5/28 | 5:30-6pm | 3-5 yrs | \$35 |
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Lil Explorers- I Spy Spring

Reina Rivera, Los Alamitos Community Center-Craft Room, 10911 Oak St.

Let all the Curious Georges and Georgette's come on over to explore and discover unique sensory activities! Come develop your child's intelligence through hands-on interaction with nature and fun environmental concepts. Classes are enhanced with music and movement, puppetry, learning games, crafts and unique story readings. Parent participation is required. \$10 cash supply fee payable to instructor. Please do not bring unregistered siblings. Visit www.monkeysteps.com for more information.

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|-----------|---------|-----|----------|---------------|---------|------|
| 211074-01 | 5 weeks | Wed | 4/10-5/8 | 10:30-11:15am | 1-3 yrs | \$58 |
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Lil Rock N' Rollers

Reina Rivera, Los Alamitos Community Center-Craft Room, 10911 Oak St.

Come rock to the music in this creative movement song and dance class designed for our smallest music lovers! Each class will incorporate instrumental jam sessions, musical learning games, stimulating props, creative crafts and a rock star puppet show! \$10 supply fee payable to instructor. Please do not bring unregistered siblings. Visit www.monkeysteps.com for more information.

| | | | | | | |
|-----------|---------|-----|-----------|---------------|-------------|------|
| 211075-01 | 5 weeks | Wed | 5/15-6/12 | 10:30-11:15am | 1.5-3.5 yrs | \$58 |
|-----------|---------|-----|-----------|---------------|-------------|------|

Amiguitos

Los Alamitos Community Center- Craft Room, 10911 Oak Street

¡Vamos a jugar! Let's play! Children are immersed in the Spanish language via a unique style of storytelling, music and movement, games and role play, and art. Visit our website for complete class descriptions: www.BamboleoKids.com. Every session is a new experience! Parent participation is required. Please do not bring unregistered siblings to class. \$25 cash material fee payable to instructor for art supplies and three illustrated storybooks (w/English translations), lyrics, and music/storytelling CD to take home. No Class 4/1, 4/6, 5/25, 5/27

Priscilla Monserrate-Sander

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|-----------|---------|-----|----------|------------|---------|------|
| 211078-01 | 6 weeks | Mon | 3/4-4/15 | 10-10:50am | 2-4 yrs | \$68 |
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|-----------|---------|-----|-----------|------------|---------|------|
| 211078-02 | 6 weeks | Mon | 4/29-6/10 | 10-10:50am | 2-4 yrs | \$68 |
|-----------|---------|-----|-----------|------------|---------|------|

Gabriela Perez- Ugalde

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|-----------|---------|-----|----------|---------------|---------|------|
| 211078-03 | 6 weeks | Sat | 3/9-4/20 | 10:15-11:05am | 2-4 yrs | \$68 |
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|-----------|---------|-----|----------|---------------|---------|------|
| 211078-04 | 6 weeks | Sat | 5/4-6/15 | 10:15-11:05am | 2-4 yrs | \$68 |
|-----------|---------|-----|----------|---------------|---------|------|

Children's Library Programs

at Mary Wilson Library

Spring Reading Programs

Mondays or Tuesdays • 10:30am or 11:15am • Feb. 11-March 26

No story times 2/12 & 2/18

Teen Advisory Board & Activity

First Thursday of the Month

5:30-7pm

Kids' Crafts

First Saturday of the Month

10 a.m.-5pm

Library Hours

Mon: 12-8pm, Tues: 12-8pm, Wed: 10am-6pm, Thurs: 10am-6pm, Sat: 10am-5pm

Closed Friday and Sunday

Free programs presented by the Seal Beach Friends of the Library.

For more information, call 562-431-3584

Attention Parents:

With the exception of Petit Ballerina & Tiny Tappers, parents are asked to remain outside of the classroom while class is in session. Thank you!



Spring Dance Recital

\$10 plus costume fee payable to instructor at class.
McGaugh Campus, 1698 Bolsa Ave.

| | | | | |
|-----------|-----|------|----------|-------------------|
| 211029-01 | Tue | 6/11 | 5:30-9pm | \$10+ costume fee |
|-----------|-----|------|----------|-------------------|

Petit Ballerina

Anne Pennypacker

Marina Community Center- Large Room, 151 Marina Dr..

"Bonjour, Little Dancers!" Join Miss Anne in a magical adventure into the world of ballet: plies, sautés, chasses, and more. Little ballerinas will be fairytale dancers as they learn the importance of pointing their toes! "La danse de la joie!" No Class 5/1

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|-----------|---------|-----|-----------|----------|---------|------|
| 211030-01 | 7 weeks | Wed | 4/24-6/12 | 2-2:30pm | 3-5 yrs | \$72 |
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|-----------|---------|-----|-----------|----------|-----------|------|
| 211030-02 | 7 weeks | Wed | 4/24-6/12 | 6-6:30pm | 2 ½-4 yrs | \$72 |
|-----------|---------|-----|-----------|----------|-----------|------|

Tiny Tappers

Anne Pennypacker

Marina Community Center- Large Room, 151 Marina Dr.

Noise! Noise! Noise! It's time for happy feet! All little dancers love their tap shoes and this class will focus on learning the fun rhythms & steps of tap. No Class 5/1

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|-----------|---------|-----|-----------|----------|---------|------|
| 212026-01 | 7 weeks | Wed | 4/24-6/12 | 2:30-3pm | 3-5 yrs | \$72 |
|-----------|---------|-----|-----------|----------|---------|------|

Ballet/Tap Combo

Anne Pennypacker

Marina Community Center- Large Room, 151 Marina Dr.

This class introduces students to basic ballet warm-up, positions, technique, leaps and turns and classic tap steps such as shuffle ball changes. A great class for dancers of all levels! At session's end we'll put on a show. Ballet and tap shoes required. No Class 5/1 & 5/2

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|-----------|---------|-----|-----------|----------|---------|------|
| 222021-01 | 7 weeks | Wed | 4/24-6/12 | 3-3:45pm | 5-8 yrs | \$72 |
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|-----------|---------|-----|-----------|-----------|-------------|------|
| 222021-02 | 7 weeks | Thu | 4/25-6/13 | 9:15-10am | 2.5-4.5 yrs | \$72 |
|-----------|---------|-----|-----------|-----------|-------------|------|

Ballet/Tap Combo Level 2

Anne Pennypacker

Marina Community Center- Large Room, 151 Marina Dr.

A more intense combo class, focusing on technique, turns, and advanced steps. Previous dance experience required. No Class 5/1

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|-----------|---------|-----|-----------|-------------|----------|------|
| 222021-03 | 7 weeks | Wed | 4/24-6/12 | 4:30-5:15pm | 7-12 yrs | \$72 |
|-----------|---------|-----|-----------|-------------|----------|------|

Musical Theatre Stars

Anne Pennypacker

Marina Community Center- Large Room, 151 Marina Dr.

Calling all entertainers! Casting now... Needed: creative students interested in exploring dance, acting, music, and song! Join Miss Anne and guest instructors in performing pieces from various favorite musicals. Students will learn musical theatre dance styles, while learning to connect acting and the emotions of the song to the choreography of the piece. Jazz or ballet shoes encouraged for class. No Class 5/1

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|-----------|---------|-----|-----------|-------------|----------|------|
| 222024-01 | 7 weeks | Wed | 4/24-6/12 | 3:45-4:30pm | 5-12 yrs | \$72 |
|-----------|---------|-----|-----------|-------------|----------|------|

Pretty Princess Pre-Ballet

Anne Pennypacker

Marina Community Center- Large Room, 151 Marina Dr.

Calling all Princesses, Fairies and little Ballerinas! Join in the fun by dancing magical ballet adventures. Little dancers can pretend to be the beautiful Swan Princess, Fairy Queen, Sleeping Beauty and more. Learn basic ballet positions and steps in a fun creative environment! No Class 5/2

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|-----------|---------|-----|-----------|----------|---------|------|
| 242033-01 | 7 weeks | Thu | 4/25-6/13 | 3-3:45pm | 4-7 yrs | \$72 |
|-----------|---------|-----|-----------|----------|---------|------|

Hip Hop

Anne Pennypacker

Marina Community Center- Large Room, 151 Marina Dr.

A fast paced class to get dancers on their feet and groovin. Learn street style dance and funky hip hop combinations to upbeat (and appropriate) music. Explore basic breaking, popping and locking and more! At session's end, we'll put on a show. Tennis shoes or Jazz shoes required. No Class 5/2

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|-----------|---------|-----|-----------|-------------|----------|------|
| 242034-01 | 7 weeks | Thu | 4/25-6/13 | 3:45-4:30pm | 5-12 yrs | \$72 |
|-----------|---------|-----|-----------|-------------|----------|------|

Gymnastics Level 1

Anne Pennypacker

Marina Community Center- Large Room, 151 Marina Dr.

A focused gymnastic class, working on developing strength for more advanced skills. Gymnasts will learn the proper and safe way to execute tumbling, while increasing confidence and coordination. A wonderful class for athletes and dancers as well! No Class 5/2

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|-----------|---------|-----|----------|-------------|----------|------|
| 211033-01 | 6 weeks | Thu | 4/25-6/6 | 4:30-5:15pm | 6-12 yrs | \$62 |
|-----------|---------|-----|----------|-------------|----------|------|

Pre-School Gymnastics

Anne Pennypacker

Marina Community Center- Large Room, 151 Marina Dr.

Class is structured to introduce floor work such as bridge, cartwheels, frogstands and more. Gymnasts will also improve strength, balance and skills in this fun and fast paced class! No Class 5/2

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|-----------|---------|-----|----------|-------------|---------|------|
| 211032-01 | 6 weeks | Thu | 4/25-6/6 | 5:15-5:45pm | 4-6 yrs | \$62 |
|-----------|---------|-----|----------|-------------|---------|------|

Miss Anne's Pizza Party

Anne Pennypacker

North Seal Beach Center 3333 Saint Cloud Dr.

Join Miss Anne in an evening of games, dancing, storytelling and pizza! Pre-registration required. This is also a time for dancers to practice for the dance recital. This is not a required class to participate in the recital. \$5 material fee payable to instructor- cash only.

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|-----------|-------|-----|-----|-------|--------|------|
| 242037-01 | 1 day | Sat | 6/8 | 5-7pm | 4+ yrs | \$10 |
|-----------|-------|-----|-----|-------|--------|------|



Kidz Love Soccer

Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment. A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment. Kidz Love Soccer... "Where the score is always FUN to FUN!" Class status hotline: (888) 372-5803.

Mommy/Daddy & Me Soccer

**Kidz Love Soccer Staff, Heather Park
Heather St @ Lampson Ave.**

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines!

| | | | | | | |
|-----------|---------|-----|----------|-------------|-----------|------|
| 223995-01 | 7 weeks | Tue | 4/9-5/21 | 5:40-6:10pm | 2-3.5 yrs | \$78 |
|-----------|---------|-----|----------|-------------|-----------|------|

Tot Soccer

**Kidz Love Soccer Staff
Heather Park
Heather St @ Lampson Ave.**

Little tykes will enjoy running and kicking just like big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Shin guards are required after the first meeting.

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|-----------|---------|-----|----------|-------------|-----------|------|
| 223996-01 | 7 weeks | Tue | 4/9-5/21 | 3:40-4:10pm | 3.5-4 yrs | \$78 |
|-----------|---------|-----|----------|-------------|-----------|------|

Pre Soccer

**Kidz Love Soccer Staff, Heather Park
Heather St @ Lampson Ave.**

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting.

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|-----------|---------|-----|----------|-------------|---------|------|
| 223997-01 | 7 weeks | Tue | 4/9-5/21 | 4:10-4:45pm | 4-5 yrs | \$78 |
|-----------|---------|-----|----------|-------------|---------|------|

Soccer 1

**Kidz Love Soccer Staff
Heather Park
Heather St @ Lampson Ave.**

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting.

| | | | | | | |
|-----------|---------|-----|----------|-------------|---------|------|
| 223998-01 | 7 weeks | Tue | 4/9-5/21 | 4:45-5:30pm | 5-6 yrs | \$78 |
|-----------|---------|-----|----------|-------------|---------|------|

Spring Break Skateboarding Camp

**Adam Cohen
El Dorado Park West Behind Duck Pond
2400 Studebaker Rd.**

Whether you are just learning or ready to learn advanced tricks, this camp is right for you. Make new friends, advance your skills, and most importantly, have fun in our private skatepark. Participants who sign up for all 5 days will receive a Skatedogs t-shirt. Requirements: A signed Skatedogs waiver form, a skateboard or scooter, knee pads, elbow pads, and a helmet.

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|-----------|-------|-----|-----|----------|----------|------|
| 223151-01 | 1 day | Mon | 4/1 | 9am-12pm | 6-14 yrs | \$32 |
| 223151-02 | 1 day | Tue | 4/2 | 9am-12pm | 6-14 yrs | \$32 |
| 223151-03 | 1 day | Wed | 4/3 | 9am-12pm | 6-14 yrs | \$32 |
| 223151-04 | 1 day | Thu | 4/4 | 9am-12pm | 6-14 yrs | \$32 |
| 223151-05 | 1 day | Fri | 4/5 | 9am-12pm | 6-14 yrs | \$32 |

Skateboarding & Scootering Class

**Adam Cohen
Heartwell Park- Long Beach
5801 E Parkcrest Street**

Whether you are just learning or ready to learn advanced tricks, this class is right for you. Make new friends, advance your skills, and most importantly, have fun in our private skatepark. All participants will receive a Skatedogs T-shirt. Requirements: A signed Skatedogs waiver form, a skateboard, knee pads, elbow pads, and a helmet. No Class 3/30 & 5/25

Skateboard

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|-----------|---------|-----|----------|-----------|----------|-------|
| 223150-01 | 6 weeks | Sat | 3/2-4/13 | 9-10:30am | 6-14 yrs | \$150 |
| 223150-03 | 6 weeks | Sat | 3/2-4/13 | 9-10:30am | 6-14 yrs | \$150 |

Scooter

| | | | | | | |
|-----------|---------|-----|----------|-----------|----------|-------|
| 223150-02 | 6 weeks | Sat | 4/20-6/1 | 9-10:30am | 6-14 yrs | \$150 |
| 223150-04 | 6 weeks | Sat | 4/20-6/1 | 9-10:30am | 6-14 yrs | \$150 |

Karate Beg/Adv

**Gary Pitts
Los Alamitos Community Center
10911 Oak Street**

Continue to learn the art of self-defense. Improve coordination, confidence, respect, discipline and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito- Ryu". Parents should remain outside classroom. Wear loose clothing.

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|-----------|---------|-----|----------|-------------|--------|------|
| 222051-01 | 4 weeks | Tue | 5/7-5/28 | 6:05-6:50pm | 6+ yrs | \$40 |
|-----------|---------|-----|----------|-------------|--------|------|

Summer Camps Preview

See Page 21 for a list of classes

Coed Volleyball Spring

Maria Fattal

McGaugh Campus, 1698 Bolsa Ave.

Learn to play volleyball this season. Basic skills of passing, setting, hitting, and underhand as well as overhand serving will be taught then reinforced in games. No Class 3/31

233060-01 9 weeks Sun 3/3-5/5 12-2pm 8-14 yrs \$150

BeachFit Kids Powered by CrossFit



Beach Fitness

\$69 for a 10 class punch card

Eisenhower Park, Main St. & Ocean Ave

CrossFit Kids workouts consist of constantly varied, functional movements that deliver an experience that is inclusive and scalable for all kids. CrossFit Kids is a specially designed fitness class for all ages, athletic levels, and all sport programs. Kids will learn the fundamentals of fitness such as the importance of physical activity, proper exercise, healthy eating, and sense of community. All workouts are fun and kids will achieve health & exercise goals and have a sense of accomplishment in their success.

242064-01 13 weeks Tue/Thu 3/12-6/6 4-5pm 6-18 yrs

After School Sports, Activities & Homework Club

Scott Durzo & Staff, McGaugh Campus, 1698 Bolsa Ave

\$200/ pay as you go Kid Card

\$15-Mon, Tues, Thurs, Fri

\$20 Wednesdays (early out) and \$25 for Minimum Days until 4 pm

A fun positive place for homework assistance, after school activities, and sports. Emphasis is placed on learning, good sportsmanship, and encouraging your child to do their best! Participants are grouped by age and ability to ensure a positive experience. Please email Coach Scott directly if you have questions: scottdurzo@mac.com. Camp is closed on holidays, staff development days, and student free days. \$4 per hour/\$3 per hour each additional child. A 2-hour minimum is charged each day your child participates. A \$200 pre-paid Kid Card is required prior to participation.

Dates: We follow the Los Alamitos Unified School District Calendar

Times: Immediately after-school until 6pm; including all minimum days.

427010-01 Mon-Fri 5-11 yrs \$200

Westminster ICE

13071 Springdale, Westminster

Fee: \$37/4weeks

Continuous 4 week sessions are offered for the following classes:

- Parent & Me Ice Skating (3-5 years)
- Skating for Tots (3-5 years)
- Beginning Ice Skating (6-16 years)
- ICE Skating for Adults (17+ years)
- ICE Hockey Skating Skills (6-16 years)

Class fee includes skate rental, half hour of instruction and a free weekly practice session on your registered class day. All classes taught by Westminster ICE Staff. Dress warmly in layers and bring gloves or mittens. Please check in at least 15 minutes prior to class start time at the first class. See flyer at Community Centers or online at www.sealbeachca.gov for individual class descriptions, dates, and times. Pre-Registration required through the Community Services Department for all classes.

Readwrite Educational Solutions Inc.



Reading Development



Readwrite Staff

Grades 2-6

Community Center in Fire Station Building

5373 East Second Street, Long Beach

Individualize student's needs. Improves comprehension, vocabulary, spelling and fluency. Specially- trained teachers test, structure and implement your child's program. First day is comprehensive testing. Program and testing fee \$35. No Class 4/1, 4/3, 5/27

222080-01 9 classes Mon & Wed 3/25-4/29 3:45-4:45pm 6.5-11 yrs \$115

222080-02 9 classes Mon & Wed 5/6-6/5 3:45-4:45pm 6.5-11 yrs \$115

Math Development



Readwrite Staff

Grades 2-6

Community Center in Fire Station Building

5373 East Second Street, Long Beach

Comprehensive testing identifies skill gaps. Grade level assessments may include primary facts (+ - x ÷), fraction operations, prime numbers, factoring concepts, decimals, algebra, geometry skills. Based on assessments an individualized program is designed to reinforce skill gaps and build student confidence. Program and testing fee \$35. No Class 4/1, 4/3, 5/27

222081-01 9 classes Mon & Wed 3/25-4/29 4:45-5:45pm 6.5-11 yrs \$115

222081-02 9 classes Mon & Wed 5/6-6/5 4:45-5:45pm 6.5-11 yrs \$115

SAT Prep & Test Strategies



Readwrite Staff

Grades 9-12

Park, Recreation, & Marine Administration Building

2800 N. Studebaker Road, Long Beach

This class will provide a practice SAT test, manual, and individualized SAT instruction guaranteed to strengthen areas of weakness and improve your child's score. Your child will be instructed by our top tier teachers in the best studying and test taking strategies. Additional program and material fee: \$45 due at first class. More info: 949-263-0633.

222082-01 3 weeks Sat 4/13-4/27 9am-1pm \$145

Mad Science Date Night

Spring, Bounce, Build
O.C. Mad Science Staff
Marina Community Center- Large Room
151 Marina Dr.

Science Nights provide an amazing opportunity to bring students and Mad Scientists together for a night filled with education and entertainment while parents get the night off! We bring fascinating display and hands-on experiments that allow kids to engage in scientific learning. We will provide dinner and a snack. All children must be POTTY TRAINED \$5 cash material fee due at the door.

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|-----------|-------|-----|------|-------|----------|------|
| 227203-01 | 1 day | Sat | 5/11 | 5-9pm | 3-12 yrs | \$35 |
|-----------|-------|-----|------|-------|----------|------|

Fashion Sketching 1

Claudia Hindu
Fire Station #48- Community Room
3131 N. Gate Rd.

Claudia Hindu teaches students to develop their own style of fashion illustration with pencil and markers. Students will learn to draw women, men, and children's fashion models used as a basis for drawing the idealized proportions. No prerequisite required. \$20 material fee payable to instructor at first class meeting. No Class 3/26

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|-----------|---------|-----|-----------|-------|--------|------|
| 212032-01 | 7 weeks | Tue | 3/12-4/30 | 4-5pm | 9+ yrs | \$69 |
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|-----------|---------|-----|----------|-------|--------|------|
| 212032-02 | 7 weeks | Tue | 5/7-6/18 | 4-5pm | 9+ yrs | \$69 |
|-----------|---------|-----|----------|-------|--------|------|

Dog Obedience

Dog Services Unlimited Staff
Laurel Park 10862 Bloomfield

All breeds of dogs 6 mos & older (larger breeds 4 mos & older) welcome. All basic obedience commands (heel, automatic sit, sit-stay, down-stay, stand & come) will be covered, as well as discussions on correction of various behavior problems. Hand signals, long distance work, & an intro to off leash control & boundary training included. Trophies & certificates awarded at graduation. Please bring current vaccination records and \$10 insurance/awards fee to first meeting. First meeting is an orientation, to be held WITHOUT DOGS inside Los Alamitos Community Center (10911 Oak St). Otherwise all other classes will be held at Laurel Park- corner of Katella & Bloomfield in Los Alamitos. Handlers ages 9 yrs to adults.



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|-----------|---------|-----|-----------|-------------|--------|------|
| 266040-01 | 8 weeks | Thu | 4/11-5/30 | 6:30-7:30pm | 9+ yrs | \$86 |
|-----------|---------|-----|-----------|-------------|--------|------|

Puppy Kindergarten

Dog Services Unlimited Staff
Laurel Park
10862 Bloomfield

Start your puppy off on the right paw. Establish good manners and socialization skills at an early age through simple obedience training, emphasizing positive reinforcement and gentle handling. For puppies 2-5 months. We'll also discuss housebreaking, chewing, nipping, health tips, and other puppy care topics. Graduation certificates presented at the last class. Please bring current vaccination records and \$10 materials fee (includes training manual) to first meeting. First meeting is an orientation, to be held WITHOUT DOGS inside Los Alamitos Community Center (10911 Oak St). Otherwise all other classes will be held at Laurel Park- corner of Katella & Bloomfield in Los Alamitos. Handlers ages 9 yrs to adults.

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|-----------|---------|-----|-----------|-------------|--------|------|
| 266039-01 | 6 weeks | Thu | 4/11-5/16 | 7:30-8:30pm | 9+ yrs | \$75 |
|-----------|---------|-----|-----------|-------------|--------|------|

Mastering iPhone/iPad Apps

Bob Cohen
Los Alamitos Community Center - Activity Room #1
10911 Oak Street

Build your confidence and master some of the most powerful apps on your iPhone. In this four week hands-on workshop, each week is dedicated to a specific app and will have you using your app in new ways with hidden features. In our first workshop, we'll focus on using Safari to improve your Web browsing experience. Week two will show you how to take great photos and how to share them with the Camera and Photo apps. Week three learn new ways to use the Calendar and Reminders app. The last week you'll learn how to use the Settings app to manage your iPhone. Limited space, register early! Note: For iPad users: The Camera week requires an iPad with a camera, and a limited number of WiFi connections will be available for \$5 each. iPhone users only need to bring their iPhone.

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|-----------|---------|-----|----------|-----------|---------|------|
| 246038-01 | 4 weeks | Wed | 5/1-5/22 | 9-10:30am | 18+ yrs | \$79 |
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First Aid, CPR, & AED Training and Certification

Erik Berg, Fire Station #48- Community Room, 3131 N. Gate Rd.

Classes are designed to teach individuals basic CPR, First Aid, and use an Automatic external defibrillator (AED). Participants will receive two cards; one from the American Safety and Heather Institution and a card from Medic First Aid. This is a hands-on class. \$15 book fee payable to instructor at class.

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|-----------|-------|-----|------|---------|---------|------|
| 246031-01 | 1 day | Sat | 4/27 | 9am-3pm | 16+ yrs | \$45 |
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|-----------|-------|-----|------|---------|---------|------|
| 246031-02 | 1 day | Sat | 5/18 | 9am-3pm | 16+ yrs | \$45 |
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|-----------|-------|-----|------|---------|---------|------|
| 246031-03 | 1 day | Sat | 6/22 | 9am-3pm | 16+ yrs | \$45 |
|-----------|-------|-----|------|---------|---------|------|

FocusEd a Photography Experience

Scott Durzo
Fire Station #48- Community Room, 3131 N. Gate Rd.

Our FocusEd photography series will ignite your photographic interest, passion, and help you understand your camera's functions. Getting the basics right with Our FocusEd photography workshop will allow you to take better travel pictures, snapshots, and become more familiar and creative with your camera. You'll understand concepts of exposure, aperture, depth of field, ISO and shutter speed, you'll be encouraged to start using manual and semi-auto modes. Scott has travelled locally and globally as a photographer. Scott is the founder of the Orange County Photography Collective (free to join) and has been published several times in local newspapers, magazines, and is currently a Patch.com, Examiner.com, and OC Breeze contributing photojournalist. FocusEd is suitable for the beginner to the creative; from teen to extreme. All are welcome! Bring a fully charged digital camera to class.

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|-----------|--------|-----|------------------|-----------|----------|-------|
| 246055-01 | 3 days | Sat | 3/2, 4/20, & 5/4 | 10am-12pm | All Ages | \$115 |
|-----------|--------|-----|------------------|-----------|----------|-------|

Needlecrafts

Polly Womack
Los Alamitos Community Center
10911 Oak Street

Come learn Needlepoint, Tatting, Cross Stitch, Hardanger, Bargello, Embroidery, Whitework, Blackwork, Battenberg Lace, Needlelace, Cutwork, Samplers with a nice group of people to stitch with! Students may choose their own projects.

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|-----------|---------|-----|----------|----------|---------|------|
| 246059-01 | 7 weeks | Wed | 3/20-5/1 | 1-3:30pm | 16+ yrs | \$35 |
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|-----------|---------|-----|----------|----------|---------|------|
| 246059-02 | 7 weeks | Wed | 5/8-6/19 | 1-3:30pm | 16+ yrs | \$35 |
|-----------|---------|-----|----------|----------|---------|------|

Beginning Art for Adults

Claudia Hindu
Fire Station #48- Community Room
3131 N. Gate Rd.

Students will be taught drawing fundamentals, including contour drawing, perspective, shading, proportion and still life rendering. Mixed media will be used. No prerequisite required. \$10 material fee payable to instructor at first class meeting. No Class 3/26

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|-----------|---------|-----|-----------|-------------|---------|------|
| 212034-01 | 7 weeks | Tue | 3/12-4/30 | 8:30-9:30am | 18+ yrs | \$70 |
| 212034-02 | 7 weeks | Tue | 5/7-6/18 | 8:30-9:30am | 18+ yrs | \$70 |

Art for Adults II

Claudia Hindu
Fire Station #48- Community Room
3131 N. Gate Rd.

Students will be taught more basic techniques such as principles of linear perspective drawing as well as more advanced techniques such as three point perspective. Mixed media will be used. Prerequisite: Art for Adults I. \$5 material fee payable to instructor for first class meeting. No Class 3/26

| | | | | | | |
|-----------|---------|-----|-----------|--------------|---------|------|
| 212034-03 | 7 weeks | Tue | 3/12-4/30 | 9:30-10:30am | 18+ yrs | \$49 |
| 212034-04 | 7 weeks | Tue | 5/7-6/18 | 9:30-10:30am | 18+ yrs | \$49 |

Beginning American Sign Language

Zendrea Mitchell
Fire Station #48- Community Room
3131 N. Gate Rd.

Students will learn the rudiments of beginning American Sign Language consisting of fingerspelling, signs, sign phrases, grammar, history of the Deaf, and Deaf culture. Students will be exposed to songs and poetry in American Sign Language. No Class 4/2

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|-----------|---------|-----|-----------|----------|---------|------|
| 245010-01 | 6 weeks | Tue | 3/12-4/23 | 6-7:30pm | 18+ yrs | \$65 |
|-----------|---------|-----|-----------|----------|---------|------|

Optimize Your Business

Seth Eaker, Fire Station #48- Community Room
3131 N. Gate Rd.

If you want easy steps to enhance communication, marketing strategies, optimizing your website, and make more money- this seminar is for you! \$25 book fee due to instructor at first class meeting. Visit www.blackmarketbusinesssolutions.com for more information.

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|-----------|---------|-----|----------|-------------|---------|-------|
| 246092-01 | 4 weeks | Thu | 5/9-5/30 | 11:30am-1pm | 18+ yrs | \$125 |
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Blogging for Fun & Profit

Bob Cohen
Fire Station #48- Community Room, 3131 N. Gate Rd

You will learn what a blog is, where blogs are found, and how to create a blog for free. Join us and find out how to share information, pictures, and videos with your family, friends, organizations, and customers. You can even use your blog to share your ideas with the world, and make money doing it! Learn about affiliate programs and other ways to make money with blogging, and using your blog with Social Media sites. Topics include: What are blogs and who is using them, Setting up and hosting your blog, Using photos, video, and audio, Blogging for business, Selling ads on your blog, Marketing your blog, Building blog communities, Using a blog as your Web site.

| | | | | | | |
|-----------|-------|-----|-----|-------------|---------|------|
| 246039-01 | 1 day | Tue | 4/2 | 6:30-9:30pm | 18+ yrs | \$39 |
|-----------|-------|-----|-----|-------------|---------|------|

Beginning Guitar

Jim Fagen
Los Alamitos Community Center- Lounge, 10911 Oak Street

This class is designed for the beginner and it will gently teach the fundamentals of guitar including chords, picking and tablature. Bring your guitar or ask instructor about acquiring a rental. Adults are cordially invited too!

| | | | | | | |
|-----------|---------|-----|-----------|-------------|--------|------|
| 266070-01 | 6 weeks | Thu | 4/11-5/16 | 5:30-6:30pm | 9+ yrs | \$74 |
|-----------|---------|-----|-----------|-------------|--------|------|

Adult Hip Hop

Anne Pennypacker
Marina Community Center- Large Room, 151 Marina Dr.

Let's get our bodies moving to the upbeat sounds of hip hop! Not only will this class be a fun way to get a workout, but a great way to look better on any dancefloor. No Class 5/1

| | | | | | | |
|-----------|---------|-----|----------|-------------|---------|------|
| 242028-01 | 6 weeks | Wed | 4/24-6/5 | 6:30-7:30pm | 18+ yrs | \$65 |
|-----------|---------|-----|----------|-------------|---------|------|

Argentine Tango Level 2

Anne Pennypacker
Marina Community Center - Large Room, 151 Marina Dr.

Join me in the passionate lovely dance from the streets of Buenos Aires. Learn ochos, ganchos, parada and more! Discover the "milonguero, milonguera" within! Must have previous experience in tango. No Class 5/1

| | | | | | | |
|-----------|---------|-----|----------|-------------|---------|------|
| 242038-01 | 6 weeks | Wed | 4/24-6/5 | 7:30-8:30pm | 18+ yrs | \$65 |
|-----------|---------|-----|----------|-------------|---------|------|

Swing

Anne Pennypacker
Marina Community Center - Large Room
151 Marina Dr.

Swing is such a popular dance, easy to learn and tons of fun! This class will teach the moves of East Coast Swing, also known as Triple Time Swing. Partner not necessary. No Class 5/1

| | | | | | | |
|-----------|---------|-----|----------|-------------|---------|------|
| 244022-01 | 6 weeks | Wed | 4/24-6/5 | 8:30-9:30pm | 18+ yrs | \$65 |
|-----------|---------|-----|----------|-------------|---------|------|

Adult Tap

Anne Pennypacker
Marina Community Center- Large Room
151 Marina Dr.

An amazing workout and fun at the same time! This class is for those who have always wanted to tap or have had fun tap dancing before. Explore various styles of tap, combinations and more. Tennis shoes, hard soled shoes or tap shoes are the best to wear for class. No Class 5/2

| | | | | | | |
|-----------|---------|-----|----------|----------|---------|------|
| 242026-01 | 6 weeks | Thu | 4/25-6/6 | 7:15-8pm | 18+ yrs | \$65 |
|-----------|---------|-----|----------|----------|---------|------|

Adult Ballet/Jazz

Anne Pennypacker
Marina Community Center- Large Room
151 Marina Dr.

Class will begin with floor warm-ups, ballet barre and center floor. Halfway through, we'll speed it up with various styles of jazz combinations, movements and a routine. Jazz or Ballet shoes recommended. No Class 5/2

| | | | | | | |
|-----------|---------|-----|----------|-------|---------|------|
| 242040-01 | 6 weeks | Thu | 4/25-6/6 | 8-9pm | 18+ yrs | \$65 |
|-----------|---------|-----|----------|-------|---------|------|

Jazzercise

Tiffany Daly

Jazzercise gives you all the cardio, strength and stretch moves you want for a total body workout! And with all that, we've thrown in moves from hip-hop, yoga, Pilates, jazz dance, kickboxing and resistance training. All ages, levels and sizes welcome so come join us today! Please wear appropriate & sturdy athletic shoes. Bring a towel, weights, water, & a mat. No Class 4/13 and 5/18

North Seal Beach Center, 3333 St. Cloud Dr.

| | | | | | | |
|-----------|---------|------------------|------------------|----------------------|---------|------|
| 242044-01 | 6 weeks | Mon & Wed | 3/18-4/24 | 6-7pm | 13+ yrs | \$50 |
| 242044-02 | 6 weeks | Mon & Wed Sat | 4/29-6/5 5/27 | 6-7pm 8:30-9:30am | 13+ yrs | \$50 |

Marina Community Center, 151 Marina Dr.

| | | | | | | |
|-----------|---------|----------------|-----------|----------------------|---------|------|
| 242042-01 | 6 weeks | Tue/Thu Sat | 3/19-4/27 | 6-7pm 8:30-9:30am | 13+ yrs | \$70 |
| 242042-02 | 6 weeks | Tue/Thu Sat | 3/19-4/27 | 6-7pm 7:30-8:30am | 13+ yrs | \$70 |
| 242042-03 | 6 weeks | Tue/Thu Sat | 4/30-6/8 | 6-7pm 8:30-9:30am | 13+ yrs | \$70 |
| 242042-04 | 6 weeks | Tue/Thu Sat | 4/30-6/8 | 6-7pm 7:30-8:30am | 13+ yrs | \$70 |



Zumba Fitness

Marika Huelskamp

Marina Community Center- Large Room, 151 Marina Dr

Zumba Fitness uses dance workouts to upbeat Latin and world rhythms. Just shake, sweat, and tone at your own pace with your own style. It's perfect for all levels of dance and anyone wanting to get or stay in shape. Zumba Fitness allows you to stay healthy, be happy, and have fun! No Class 3/25, 3/26, 5/27, & 5/28

| | | | | | | |
|-----------|---------|-----|-----------|-------------|---------|------|
| 242090-01 | 5 weeks | Mon | 3/11-4/15 | 7:30-8:30pm | 18+ yrs | \$50 |
| 242090-02 | 5 weeks | Mon | 4/29-6/3 | 7:30-8:30pm | 18+ yrs | \$50 |
| 242090-03 | 5 weeks | Tue | 3/12-4/16 | 10-11am | 18+ yrs | \$50 |
| 242090-04 | 5 weeks | Tue | 4/30-6/4 | 10-11am | 18+ yrs | \$50 |

Ballroom & Latin Dancing

Anne Pennypacker

North Seal Beach Center, 3333 Saint Cloud Dr.

Basic steps, leads and more complex moves of assorted styles of social dancing, guaranteed to get you through your next wedding reception or social function! This fun class and party will put you at ease on the dance floor! Learn the cha cha, rumba, salsa, swing, waltz and more! * Partners not needed! *

| | | | | | | |
|-----------|-------|-----|------|-------------|---------|------|
| 242024-01 | 1 day | Sat | 4/27 | 7:30-9:30pm | 18+ yrs | \$15 |
|-----------|-------|-----|------|-------------|---------|------|

Jacki Sorenen's Fitness/Dance Class

Martha Stegen

North Seal Beach Center, 3333 Saint Cloud Dr.

Jacki Sorensen's Aerobic Dancing was the world's first aerobic dancing program, originating over 40 years ago. It's a progressive course that's choreographed specifically for non-dancers. In your Get-it-all-Together class you'll sway, stretch, crunch, squat, cha cha, waltz, samba and swing yourself into total body fitness while enjoying music from The Hot 100, Adult Contemporary, Latin, Rock'n Roll, Country, Hip Hop, and more! Our classes are effective, exciting and fun! Comfortable clothes, aerobic shoes, & a mat or towel are required. Light hand-held and/or ankle weights optional.

| | | | | | | |
|-----------|----------|-----------|----------|-------------|---------|-------|
| 242030-01 | 11 weeks | Tue & Thu | 4/9-6/20 | 4:30-5:30pm | 16+ yrs | \$112 |
|-----------|----------|-----------|----------|-------------|---------|-------|



Dance Class Highlight

If you're looking for a fun way to get fit, make friends, laugh a lot, and enjoy current "Hot 100", Latin, Rock & Roll, country, or Hip-Hop music then join Jacki Sorensen's Fitness/Dance class! No special equipment is needed: just a mat, exercise shoes, comfortable clothes and light hand-held weights IF desired. No dance experience, or high level of coordination is needed and you can move at your own level of intensity while you increase your stamina, energy, and tone your muscles. You will increase your coordination, lose weight, and increase your cardio muscular capability. This class has been stretching, crunching, and dancing to the tunes in this beach city for over 35 years. Some of the participants have been enrolled the entire time and many participants are brand new. Our instructor, Martha Stegen, is an inspiration to all of her students. Her positive attitude and extremely caring and humorous personality keeps everyone coming back. The camaraderie that we all feel in this class keeps us all feeling mentally upbeat and physically healthy. **Come join us!**

Sincerely,

Jacki Sorensen's Class



Pilates Intermediate

Patricia Griswold
Seal Beach Senior Center
707 Electric Ave.

For returning students ONLY. This class can only be taken by students who have completed the Pilates Beginning program. New students who have not trained with Patricia Griswold are welcome to try a free assessment class to determine if this would be the appropriate level for them. Intermediate level is a continuation of the fundamental work followed by more challenging exercises adding strength and coordination to the Pilates experience. No Class 5/27

| | | | | | | |
|-----------|---------|-----|-----------|-----------------|---------|------|
| 242069-01 | 6 weeks | Mon | 3/11-4/15 | 11:30am-12:30pm | 18+ yrs | \$62 |
| 242069-02 | 6 weeks | Mon | 4/29-6/10 | 11:30am-12:30pm | 18+ yrs | \$62 |

Pilates Advanced

Patricia Griswold
Seal Beach Senior Center, 707 Electric Ave.

For returning students ONLY. Expansion of beginning posture, alignment and flexibility. Please bring a floor mat. This conditioning class offers a blend of pilates, yoga, and ballet. Students will safely increase strength, flexibility and stamina. Proper breathing techniques will be taught. Come rebuild your core strength! Bring water and an exercise mat. Classes are subject to cancellation if class minimum is not met.

| | | | | | | |
|-----------|---------|-----|-----------|-------------|---------|------|
| 242071-01 | 6 weeks | Fri | 3/15-4/19 | 1:15-2:15pm | 18+ yrs | \$62 |
| 242071-02 | 6 weeks | Fri | 5/3-6/7 | 1:15-2:15pm | 18+ yrs | \$62 |

Pilates Workshop

Patricia Griswold
Seal Beach Senior Center, 707 Electric Ave.

Come discover how the Pilates Method works for you. You will have the opportunity to work with Patricia Griswold who has been teaching Pilates here at the Seal Beach Senior Center for 8 years. Patricia, a former Ballet dancer specializes in using the Pilates method to teach her students how to remain injury free, through the teachings of the basic principles of the Pilates Method. Although Pilates has become somewhat mainstream here in California, it still remains a mystery to many people. The Pilates Method was created to achieve both mental and physical harmony: The realization of each person's physical weakness within the body. This is a free workshop just bring your own mat!

| | | | | | | |
|-----------|-------|-----|------|-----------|---------|------|
| 242074-01 | 1 day | Sat | 3/23 | 9-10:30am | 18+ yrs | Free |
|-----------|-------|-----|------|-----------|---------|------|



Tai Chi Chih I

Suzanne Roady- Ross
Seal Beach Senior Center
707 Electric Ave.

Beginner class. Reduce stress and experience peace within. A moving form of meditation based on ancient Chinese principles, these graceful, flowing movements tone muscles, align the body & enhance flexibility while promoting a peaceful mind. In Chinese medicine, tai chi is used as a way to relax the body & allow the chi (vital energy) to flow, thereby promoting wellness. No Class 5/27

| | | | | | | |
|-----------|---------|-----|-----------|-------------|---------|------|
| 242073-01 | 5 weeks | Mon | 4/8-5/6 | 6:40-7:40pm | 15+ yrs | \$40 |
| 242073-02 | 5 weeks | Mon | 5/13-6/17 | 6:40-7:40pm | 15+ yrs | \$40 |

Tai Chi Chih II

Suzanne Roady- Ross
Seal Beach Senior Center
707 Electric Ave.

Refine your practice and deepen the benefits of this simple but powerful moving meditation. Reduce stress and experience peace within while promoting wellness. No Class 5/27

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|-----------|---------|-----|-----------|-------------|---------|------|
| 242077-01 | 5 weeks | Mon | 4/8-5/6 | 5:30-6:30pm | 15+ yrs | \$40 |
| 242077-02 | 5 weeks | Mon | 5/13-6/17 | 5:30-6:30pm | 15+ yrs | \$40 |



Aikido for Adults

Steve Wasserman
North Seal Beach Center
3333 Saint Cloud Dr.

This course focuses on the art of "Aikido" self-defense. Aikido translates to "the way of harmonizing the spirit". Students will learn the principles of falling, rolling, and defense techniques against punches, strikes, knife attacks, control and blending with your opponent, mat safety, and self-defense awareness. Wear sweats and no jewelry. Martial arts gi are optional and can be purchased separately (\$40- \$65). Belt testing is optional (\$40). All students that attend the classes must have the ability to roll and fall at a moderate pace and will be allowed to participate only per instructor's discretion. Some Saturday's to be announced from 9:30-11am.

| | | | | | | |
|-----------|----------|-----------|----------|-------------|---------|-------|
| 242050-01 | 12 weeks | Mon & Wed | 3/11-6/5 | 7:30-9:30pm | 18+ yrs | \$130 |
|-----------|----------|-----------|----------|-------------|---------|-------|



Beach Boot Camp

Beach Fitness

\$99 for a 10 class punch card

Seal Beach - 10th St, 10th St @ Ocean Ave

Join Seal Beach's exclusive Beach Boot Camp, taught by Beach Fitness, and get that beach body you have always wanted. Beach Boot Camp is a kick-your-butt workout that will leave you sore, but begging for more! Work with our expert trainers to tighten and tone your ENTIRE body with this INTENSE workout. CAUTION: This workout contains CARDIO, STRENGTH TRAINING, and a BUTT KICKIN'!

| | | | | | |
|-----------|----------|-----|----------|-------|---------|
| 242062-01 | 13 weeks | Sat | 3/16-6/8 | 8-9am | 12+ yrs |
|-----------|----------|-----|----------|-------|---------|

BeachFit Moms

Beach Fitness

\$99 for a 10 class punch card

Eisenhower Park, Main Street & Ocean Ave

Join Seal Beach's new BeachFit Moms Program, taught by Beach Fitness PT/Pilates Instructors. BeachFit Moms gives pregnant women & moms the opportunity to work out in an environment that promotes healthy living for them and their children. BeachFit Moms was created with the idea of getting REAL results by looking at 5 major components of health and fitness (Strength, Endurance, Flexibility, Diet/Nutrition and Mind/Body relationship), combined you will learn how to live more fit and healthy.

| | | | | | |
|-----------|----------|-----------------|----------|--------------|---------|
| 242063-01 | 13 weeks | Mon/Tue/Thu/Fri | 3/11-6/7 | 9:30-10:30am | 18+ yrs |
|-----------|----------|-----------------|----------|--------------|---------|

Crossfit On Ramp

Beach Fitness

Marina Community Center - Large Room

151 Marina Dr.

CrossFit is an empirically driven, clinically tested and community developed strength and conditioning program. These dedicated trainers want their clients to become stronger, leaner, faster, and more coordinated. We are an assembly of dedicated trainers who want our clients to become stronger, leaner, faster, and more coordinated. We mix gymnastics (body control), weightlifting (control of external objects), and cardiovascular training (endurance & strength) in as many ways as possible. The workouts are always challenging and never boring. Each workout is scaled by load and intensity but not by kind. All fitness levels from college athletes to grandmothers can participate in the same class. No Class 5/27

| | | | | | | |
|-----------|---------|-----|-----------|-------|---------|------|
| 242061-01 | 4 weeks | Mon | 3/18-4/8 | 6-7pm | 12+ yrs | \$49 |
| 242061-02 | 4 weeks | Mon | 4/15-5/6 | 6-7pm | 12+ yrs | \$49 |
| 242061-03 | 4 weeks | Mon | 5/13-6/10 | 6-7pm | 12+ yrs | \$49 |

Open Gym Volleyball

Maria Fattal

McGaugh Campus, 1698 Bolsa Ave.

This program is for individuals looking to play extra volleyball games on a recreational level. The gym and play is supervised by experienced volleyball professionals. Multiple courts are available based on skill level. Purchase a punch card from the Community Services Department. For additional information please call (562) 431-2527 x1341.



| | | | | | |
|-----------|-----|-----------|-------|---------|-----|
| 243060-01 | Wed | 3/13-6/12 | 7-9pm | 18+ yrs | \$4 |
|-----------|-----|-----------|-------|---------|-----|

Basketball League

\$350 per team for a 10 game season, plus \$25 per game for referees. For more information, contact Marquis Lee in the Community Services Department at (562) 431-2527 ext: 1307, or E-mail at Mlee@sealbeachca.gov.

Softball League

\$400 per team. For more information, contact Marquis Lee in the Community Services Department at (562) 431-2527 ext: 1307, or E-mail Mlee@sealbeachca.gov.



Hatha Yoga

Suzy Hazard

Seal Beach Senior Center, 707 Electric Ave.

Hatha yoga is a series of gentle poses that stretch & strengthen your body; the breathing practices relax your mind. The combination brings your mind & body together to soothe the nervous system & bring you a sense of relaxation & renewal. Wear loose, comfortable clothing. Bring a sticky mat and/or beach towel.

| | | | | | | |
|-----------|----------|-----|----------|-------------|---------|------|
| 242070-01 | 11 weeks | Tue | 3/26-6/4 | 5:30-6:45pm | 18+ yrs | \$85 |
|-----------|----------|-----|----------|-------------|---------|------|

Flow Yoga

Renee Ferguson

Eisenhower Park- Bluff, Ocean Ave/8th Street

Geared towards all yoga levels. Emphasis on Vinyasa, core, & balancing. Please bring a mat or towel and water. Punch cards available at \$15 class.

| | | | | | | |
|-----------|------------|---------|-----------|-------|-----------|-------|
| 242081-01 | 9 classes | Tue-Thu | 3/12-3/28 | 8-9am | 18-70 yrs | \$110 |
| 242081-02 | 11 classes | Tue-Thu | 4/2-4/24 | 8-9am | 18-70 yrs | \$134 |
| 242081-03 | 9 classes | Tue-Thu | 5/14-5/30 | 8-9am | 18-70 yrs | \$110 |

Community Pool

McGaugh School • 1698 Bolsa Ave., Seal Beach Blvd. • Pool Office (562) 430-9612

Community Services Office (562) 431-2527 Extension 1344

The McGaugh Pool was built in 1964. It is 25 yards in length and has six lanes open for lap swimming. The water temperature is maintained at 80 degrees and an outdoor, warm water shower with limited dressing rooms are available.

Spring Adult & Youth Lap Swim

This is an ongoing fitness/workout program for lap swimming. Pool is closed on national holidays. All passes must be purchased at City Hall in the Community Services Department. \$5 pass reissuing fee.

| Days | Time | Ages | Fees |
|-------------------|---------------|----------------|---|
| Monday-Friday | 5:30am – 7am | Adult /16+ yrs | Pay at City Hall Daily fee: \$3 16 swim pass: \$40 34 swim pass: \$80 Unlimited Annual pass: \$200 (No guests) |
| Monday-Friday | 11am – 1pm | Adult /16+ yrs | |
| Monday-Friday | *6:30pm – 8pm | Adult /16+ yrs | |
| Saturday & Sunday | 8am – 12 Noon | Adult /16+ yrs | Daily fee: \$2 16 swim pass: \$32 |
| Monday-Friday | 6pm – 6:30pm | Youth | |
| Saturday & Sunday | 8am – 9am | Youth | |

* 7pm-8:30pm 4/8-6/14

Private Swim Lessons

Please call the Pool Office at (562) 430-9612 for more information. \$125 for five, 25 minute sessions.

Seal Beach Swim Team

The Seal Beach Swim Team is a privately operated team that conducts practices at McGaugh Community Pool. For Swim Team information, call Maria Fattal, a parent volunteer, directly at (562) 430-1092.

Swim Lesson Registration

Registration will take place in the Community Services Office in City Hall. Resident registration at 9am. Non-residents registration at 11am. Swim classes are taught at McGaugh Campus, 1698 Bolsa Ave..

Registration Session Class Dates

| Registration Date | Session | Class Dates |
|-------------------|---------|-------------|
| June 14 | 1 | 6/24-7/5* |
| | 2 | 7/8-7/18 |
| July 12 | 3 | 7/22-8/1 |
| | 4 | 8/5-8/15 |
| August 9 | 5 | 8/19-8/29 |

Late registration for each session will be accepted in City Hall Monday- Friday, 9am- 5pm (closed 12-1pm for lunch), after original enrollment dates. No class 7/4*.

Swim Lessons

Summer swim classes are 9 day sessions (Mon- Fri & Mon- Thurs) for 30 minutes. Resident fee is \$40. Non- resident fee is \$60.

Deep Water Aerobics

Cheryl von der Hellen, McGaugh Campus, 1698 Bolsa Ave.

This deep water exercise develops total fitness. You must purchase your own Buoyancy Cuffs to participate in class. You will burn calories while improving endurance, flexibility and strength. This class fills up fast so sign up early! No Class 3/27 & 5/27

| | | | | | | |
|-----------|---------|-----------|-----------|-------------|---------|------|
| 244010-01 | 4 weeks | Mon & Wed | 3/18-4/17 | 5:30-6:30pm | 18+ yrs | \$55 |
| 244010-02 | 4 weeks | Mon & Wed | 4/29-5/29 | 5:30-6:30pm | 18+ yrs | \$55 |





Chas Surf Lessons

Chas Wickwire, Seal Beach - 1st St Beach Parking Lot

Chas is a perennial City Champion and four time National Champion with over 40 years of surfing experience. Chas' vast surfing knowledge can enhance the quality of surfing experience for all skill levels. The goal of his classes is to provide the building blocks for a lifetime of enjoyment. Let us make your birthday party, girls or boys day out, office team building or corporate outing memorable with a surfing theme through our special events program. All required equipment is provided with an unparalleled level of instruction and a keen attention to detail. The Chas surf School is a Family business celebrating its thirteenth year of operation. Surfboards & wetsuits provided. *Please indicate your date preference on the registration form. Register through the Community Services Office, registration will not be accepted at the class.

Private Lesson

| | | | | | |
|-----------|-------|-------------------|----------|----------|------|
| 267050-01 | 1 day | 1 ½ hour session* | 3/11-6/9 | All Ages | \$77 |
|-----------|-------|-------------------|----------|----------|------|

Sunday Surf- 1 Session

| | | | | | |
|-----------|-------|----------------|-----------|----------|------|
| 267053-01 | 1 day | 9:30am-12:30pm | 4/21-6/23 | All Ages | \$62 |
|-----------|-------|----------------|-----------|----------|------|

Sunday Surf- 4 Sessions

| | | | | | |
|-----------|-------|----------------|-----------|----------|-------|
| 267053-02 | 1 day | 9:30am-12:30pm | 4/21-6/23 | All Ages | \$202 |
|-----------|-------|----------------|-----------|----------|-------|

Sunday Surf Spring Pass

| | | | | | |
|-----------|-------|----------------|-----------|----------|-------|
| 267053-03 | 1 day | 9:30am-12:30pm | 4/21-6/23 | All Ages | \$302 |
|-----------|-------|----------------|-----------|----------|-------|

M & M Surf Lessons

Michael Pless, Seal Beach - 8th St @ Ocean Ave

Fee: 5 Lessons/\$252; 1 Day/\$65

8th Street Beach. Michael Pless, owner and operator of M & M Surfing School has been teaching for over 25 years and has over 50 years of surfing experience. This supervised program is designed to teach beginning and intermediate surfing to small groups with emphasis on safety first, in a fun-filled environment. All instructors are CPR, 1st Aid and Water Safety Certified. * Please indicate your week preference on the registration form. Register through the Community Services Office, registration will not be accepted at the class.

| | | | | | |
|-----------|---------|----------|-----------|----------|--|
| 267061-01 | Mon-Sun | 8am-12pm | 3/11-6/9* | All Ages | |
|-----------|---------|----------|-----------|----------|--|

Private Stand Up Paddleboarding

Chas Wickwire, Seal Beach - 1st St Beach Parking Lot

Please indicate your date preference on the registration form. Register through the Community Services Office, registration will not be accepted at the class.

| | | | | | |
|-----------|-------|-------------------|----------|---------|------|
| 267051-01 | 1 day | 1 ½ hour session* | 3/11-6/9 | 10+ yrs | \$77 |
|-----------|-------|-------------------|----------|---------|------|

Junior Lifeguard Program

Summer is right around the corner and so is another exciting session of Junior Lifeguards! All Junior Lifeguards, both new and returning must pass a swim test before registering for the summer. 2013 Junior Lifeguard dates are June 24- August 9, 2013. The swim test will consist of a 100 yard swim that must be completed within:

- 1:55 - 'C' group (9-11)
- 1:40 - 'B' group (12-13)
- 1:35 - 'A' group (14-17)

ALL swim tests will be held at McGaugh Elementary School, 1698 Bolsa Ave. (corner of Bolsa Ave. and Seal Beach Boulevard). All swim tests must be conducted by Seal Beach Junior Lifeguard Program staff. Any times not verified by program staff will not be considered.

Test Dates and Times

Returning Junior Guards

- Saturday, May 4 2013, 7am-10am
- Saturday, May 11 2013, 7am- 10am

If you cannot make one of the Returning JG swim test dates you must test during one of the New Junior Guard dates.

New Junior Guards*

- Tuesday, May 28 2013, 5pm-7pm
- Thursday, May 30 2013, 5pm-7pm
- Saturday, June 1 2013, 7am-10am

Visit www.sealbeachca.gov/living/lifeguard/information or call (562) 431-2527 ext. 1206 for additional program information.

Jr. Guard Prep Class

Beach Lifeguards, McGaugh Campus, 1698 Bolsa Ave.

This class is designed to get your child ready for the Junior Lifeguard Swim Test. Instructors will work with your child to develop proper stroke technique and endurance, however some previous swimming experience is recommended. Participants will be tested at the last class and it will count towards the Junior Guard Swim Test! Space is limited - only 40 spots available - so sign up early!

| | | | | |
|-----------|-------------|----------|-------|------|
| 224030-01 | Mon/Wed/Fri | 4/8-5/3 | 6-7pm | \$80 |
| 224030-02 | Mon/Wed/Fri | 5/6-5/31 | 6-7pm | \$80 |

Jr. Guard Conditioning Class

Beach Lifeguards, McGaugh Campus, 1698 Bolsa Ave.

This class is designed for the returning Junior Lifeguard who want some extra help to prepare for the Swim Test and the summer. Enrollment in 2012 Junior Lifeguard Program required to participate in this class. Instructors will work with your child to fine tune stroke technique and improve endurance. Participants will be tested at the last class and it will count towards the Junior Lifeguard Swim Test! Space is limited - only 40 spots available - so sign up early!

| | | | | |
|-----------|-----------|----------|-------|------|
| 224031-01 | Tue & Thu | 4/9-5/2 | 6-7pm | \$65 |
| 224031-02 | Tue & Thu | 5/7-5/30 | 6-7pm | \$65 |

Jr. Guard "Last Chance" Class

Beach Lifeguards, McGaugh Campus, 1698 Bolsa Ave.

Intensive 2 week class designed to give your child an extra opportunity for stroke work and endurance training before the Junior Guard Swim Test. This class is open to both new and returning Junior Lifeguards. Participants will be tested at the last class and it counts toward the Junior Guard Swim Test! Space is limited - only 40 spots available.

| | | | | |
|-----------|---------|----------|-------|------|
| 224032-01 | Mon-Fri | 6/3-6/14 | 6-7pm | \$65 |
|-----------|---------|----------|-------|------|

Classes taught by Seal Beach Community Services and USPTA Certified Tennis Pro Instructor Brian Collison. Players must bring their own tennis racquet, water, and wear tennis shoes to class. Classes may be combined or cancelled if minimum is not met. New classes may be created if maximums are exceeded. Private and Group lessons are also available. Please contact Seal Beach Community Services Department for more information, (562) 431-2527 x 1344.

Marina Park • 151 Marina Drive • (562) 431-2527 x:1344

| CLASS # | DAY | CLASS TITLE | Session | DATES | WEEKS | TIME | AGE | PRICE | MIN | MAX |
|-----------|-----------|---------------------|---------|------------|-------|-----------|-----------|-------|-----|-----|
| 233021-07 | Wednesday | Juniors - Beginning | 1 | 3/13-4/24* | 6 | 4:00-5:00 | 7-10 yrs | \$92 | 4 | 8 |
| 233021-08 | | | 2 | 5/1-6/5 | 6 | 4:00-5:00 | 7-10 yrs | \$92 | 4 | 8 |
| 233023-03 | | Teens - Beginning | 1 | 3/13-4/24* | 6 | 5:00-6:00 | 11-15 yrs | \$92 | 4 | 8 |
| 233023-04 | | | 2 | 5/1-6/5 | 6 | 5:00-6:00 | 11-15 yrs | \$92 | 4 | 8 |
| 233022-03 | | Adults - Beginning | 1 | 3/13-4/24* | 6 | 6:00-7:00 | 16+ yrs | \$92 | 4 | 8 |
| 233022-04 | | | 2 | 5/1-6/5 | 6 | 6:00-7:00 | 16+ yrs | \$92 | 4 | 8 |

Heather Park • Corner of Heather and Lampson • (562) 431-2527 x1344

| CLASS # | DAY | CLASS TITLE | Session | DATES | WEEKS | TIME | AGE | PRICE | MIN | MAX |
|-----------|--------|---------------------|---------|------------|-------|-----------|----------|-------|-----|-----|
| 233020-01 | Monday | Kids - Beginning | 1 | 3/11-4/22* | 6 | 3:30-4:00 | 4-6 yrs | \$47 | 4 | 6 |
| 233020-02 | | | 2 | 4/29-6/3* | 5 | 3:30-4:00 | 4-6 yrs | \$40 | 4 | 6 |
| 233021-01 | | Juniors - Beginning | 1 | 3/11-4/22* | 6 | 4:00-5:00 | 7-10 yrs | \$92 | 4 | 8 |
| 233021-02 | | | 2 | 4/29-6/3* | 5 | 4:00-5:00 | 7-10 yrs | \$77 | 4 | 8 |

Mcgaugh Campus • 1698 Bolsa Avenue • (562) 431-2527 x1344

| CLASS # | DAY | CLASS TITLE | Session | DATES | WEEKS | TIME | AGE | PRICE | MIN | MAX |
|-----------|-----------|---------------------|---------|------------|-------|-----------|----------|-------|-----|-----|
| 233020-05 | Wednesday | Kids - Beginning | 1 | 3/13-4/24* | 6 | 1:15-2:00 | 4-6 yrs | \$70 | 4 | 6 |
| 233020-06 | | | 2 | 5/1-6/5 | 6 | 1:15-2:00 | 4-6 yrs | \$70 | 4 | 6 |
| 233021-05 | | Juniors - Beginning | 1 | 3/13-4/24* | 6 | 2:00-3:00 | 7-10 yrs | \$92 | 4 | 8 |
| 233021-06 | | | 2 | 5/1-6/5 | 6 | 2:00-3:00 | 7-10 yrs | \$92 | 4 | 8 |

Seal Beach Tennis Center • 3900 Lampson Avenue • (562) 598-8624 • Open to the Public

| CLASS # | DAY | CLASS TITLE | Session | DATES | WEEKS | TIME | AGE | PRICE | MIN | MAX |
|-----------|----------|--------------------|---------|------------|-------|-----------|-----------|-------|-----|-----|
| 233020-03 | Tuesday | Kids - Advanced | 1 | 3/12-4/23* | 6 | 3:30-4:00 | 4-6 yrs | \$47 | 4 | 6 |
| 233020-04 | | | 2 | 4/30-6/4 | 6 | 3:30-4:00 | 4-6 yrs | \$47 | 4 | 6 |
| 233021-03 | | Juniors - Advanced | 1 | 3/12-4/23* | 6 | 4:00-5:00 | 7-10 yrs | \$92 | 4 | 8 |
| 233021-04 | | | 2 | 4/30-6/4 | 6 | 4:00-5:00 | 7-10 yrs | \$92 | 4 | 8 |
| 233023-01 | | Teens - Advanced | 1 | 3/12-4/23* | 6 | 5:00-6:00 | 11-15 yrs | \$92 | 4 | 8 |
| 233023-02 | | | 2 | 4/30-6/4 | 6 | 5:00-6:00 | 11-15 yrs | \$92 | 4 | 8 |
| 233022-01 | | Adults - Advanced | 1 | 3/12-4/23* | 6 | 6:00-7:00 | 16+ yrs | \$92 | 4 | 8 |
| 233022-02 | | | 2 | 4/30-6/4 | 6 | 6:00-7:00 | 16+ yrs | \$92 | 4 | 8 |
| 233020-07 | Thursday | Kids - Advanced | 1 | 3/14-4/25* | 6 | 3:30-4:00 | 4-6 yrs | \$47 | 4 | 6 |
| 233020-08 | | | 2 | 5/2-6/6 | 6 | 3:30-4:00 | 4-6 yrs | \$47 | 4 | 6 |
| 233021-09 | | Juniors - Advanced | 1 | 3/14-4/25* | 6 | 4:00-5:00 | 7-10 yrs | \$92 | 4 | 8 |
| 233021-10 | | | 2 | 5/2-6/6 | 6 | 4:00-5:00 | 7-10 yrs | \$92 | 4 | 8 |
| 233023-05 | | Teens - Advanced | 1 | 3/14-4/25* | 6 | 5:00-6:00 | 11-15 yrs | \$92 | 4 | 8 |
| 233023-06 | | | 2 | 5/2-6/6 | 6 | 5:00-6:00 | 11-15 yrs | \$92 | 4 | 8 |
| 233022-05 | | Adults - Advanced | 1 | 3/14-4/25* | 6 | 6:00-7:00 | 16+ yrs | \$92 | 4 | 8 |
| 233022-06 | | | 2 | 5/2-6/6 | 6 | 6:00-7:00 | 16+ yrs | \$92 | 4 | 8 |

* No classes on 4/1, 4/2, 4/3, 4/4, 4/5, 5/27 For information about becoming a member of the Seal Beach Tennis Center, call (562) 598-8624.

Kids-Beginning Tennis 4-5 yrs. Introduce your youngster to the game of tennis.

Kids-Advanced Tennis 5-6 yrs. Designed for the child just learning the game of tennis.

Teens - Beginning Tennis 7-15 yrs. Little to no experience.

Teens - Advanced Tennis 7-15 yrs. Students must contain knowledge of basic tennis strokes, grips, and ready positions.

Juniors-Beginning Tennis 7-15 yrs. Little to no experience.

Juniors-Advanced Tennis 7-15 yrs. Students must contain knowledge of basic tennis strokes, grips, and ready positions.

Adults-Beginning Tennis 16+ yrs. Little to no experience.

Adults-Advanced Tennis 16+ yrs. Players must contain knowledge of basic tennis strokes, grips, and ready positions.



Coed Beach Volleyball

Maria Fattal

Seal Beach - Courts on the South Side of the Pier, 10th St @ Ocean Ave

Dive into the sand for summer volleyball action! Experienced coaches from Seal Beach Volleyball Club will lead four, one-week camps. Fundamentals taught then reinforced in games.

Mon- Fri See Summer Shoreline Brochure 9-11am 9-15 yrs \$100/week

Fashion Sketching I

Claudia Hindu

Fire Station #48- Community Room, 3131 N. Gate Rd.

Claudia Hindu teaches students to develop their own style of fashion illustration with pencil, markers, & water colors. Students will learn to draw women, men, and children's fashion models used as a basis for drawing the idealized proportions. Students will also learn how to draw flats. No prerequisite required. \$20 material fee payable to instructor at first class meeting.

312032-01 7 weeks Tue 7/9-8/20 9:30-11:30am 9+ yrs \$99

Hip Hop Dance Camp

Anne Pennypacker

Marina Community Center- Large Room, 151 Marina Dr.

High energy, pumping music and tons of fun! This camp will not only get everyone dancing to upbeat (and appropriate) music, but we'll throw down mats and do some tumbling too. We'll make our own Breakin' Funky T-Shirts to perform in at weeks end! \$15 material fee payable to instructor at first class.

327043-01 1 week Mon-Fri 7/8-7/12 9:30am-12pm 5-12 yrs \$130

Stars of Broadway

Anne Pennypacker

Marina Community Center- Large Room, 151 Marina Dr.

Lights! Camera! Action! Join Miss Anne and crew in a wonderful week long adventure into the world of Musical Theatre. Students will explore improvisational acting, perform pieces from various musicals, dance with props, create costumes, hold auditions and more! Curtain's open at week's end for a show not to be missed! \$15 material fee payable to instructor at first day of camp.

327045-01 1 week Mon-Fri 7/22-7/26 9:30am-12pm 5-12 yrs \$130

Rockstar Popstar

Anne Pennypacker

Marina Community Center- Large Room

151 Marina Dr.

C-mon boy & girls, it's time to party like a rockstar! We will learn lyrics and hip hop dance moves to our favorite pop songs and be stars! At weeks end, we'll costume up and put on a concert not to be missed! \$15 material fee payable to instructor on the first day of camp.

327046-01 1 week Mon-Fri 7/29-8/2 9:30am-12pm 5-12 yrs \$130

Fairytale Adventure

Anne Pennypacker

Marina Community Center- Large Room

151 Marina Dr.

Every day begins a new adventure into a world of dance and imagination. Through storytelling, children will dance, act, and dress up, creating an exciting journey into the land of fairytales. Pirates, magicians, princesses and more! We'll create costumes to put on a magical show at camp's end! \$15 material fee payable to instructor on the first day of class.

327047-01 4 days Mon-Thu 8/5-8/8 9:30-11am 4-7 yrs \$82

Superhero Gymnastics Camp

Anne Pennypacker

Marina Community Center- Large Room

151 Marina Dr.

Boys & Girls! Run Fast! Jump High! Leap Far! Join Miss Anne in an action packed gymnastics camp. "Superheroes" will learn tumbling skills & create their own super-powered costumes! \$15 material fee payable to instructor on the first day of camp.

327048-01 4 days Mon-Thu 8/5-8/8 11am-1pm 4-7 yrs \$110



Summer Camp Expo

March 9, 2013

11am-2pm

Senior Center, 707 Electric Ave.

Come check out our summer camps and have an opportunity to meet with the instructors. Sign up the day of the Expo and receive \$10 off your summer camp!

Edutainment Arts Camps

Sand Castle Building

Edutainment Arts Staff
Seal Beach 1st Street @ Ocean Ave

Playing in the sand by the water. Can you imagine a better summer than that? Now add a dozen new friends all helping you build massive castles, humans, mermaids, and other sea creatures all out of sand. Learn the techniques experts use to create these marvelous works of sand art. Bring your sun screen for a summer you'll always remember. Meet at the 1st Street Parking Lot- grass area.

323160-02 1 week Mon-Fri 7/8-7/12 8-11am 6-12 yrs \$150



The It Factor Singing Camp

Edutainment Arts Staff
Marina Community Center- Large Room, 151 Marina Dr.

Campers work together to personalize some of today and yesterday's hottest songs! The end of the week bring parents and friends together to watch the magic happen!

323160-04 1 week Mon-Fri 7/15-7/19 9am-12pm 6-12 yrs \$150

Carnival Camp

Edutainment Arts Staff
Marina Community Center- Large Room, 151 Marina Dr.

Our goal: To put on a carnival for friends and family at the end of the week. Each day create and play your own carnival games, attractions, and shows. Practice and perfect them until you are ready to open the gates on Friday. Each carnival will be completely original based on ideas of the campers involved.

323160-05 1 week Mon-Fri 7/15-7/19 12:30-3:30pm 6-12 yrs \$150

Star Wars Theme Camp

Edutainment Arts Staff
Heather Park, Heather St @ Lampson Ave.

It's Jedi Training Time at Camp! Learn to use the force and how to operate a Lightsaber. Campers will build a Jedi Costume, be issued a practice saber, and taught the positive aspects of being a Jedi. Basic stage combat will be taught for safe sparing. Yoda will help us get in tune with the force. Crafts will build our Jedi arsenal. And Jedi games and competitions will be held to help strengthen our commitment to the force.

323160-07 1 week Mon-Fri 7/22-7/26 12:30-3:30pm 4-6 yrs \$150

323160-08 1 week Mon-Fri 7/29-8/2 9am-12pm 6-12 yrs \$150



Top Chef Cooking Camp

Edutainment Arts Staff
Marina Community Center- Large Room, 151 Marina Dr.

Our goal: to open a restaurant in one week. Campers will learn food handling skills and hygiene and then how to make several delicious and fun dishes. Our restaurant is open at the end of the week for family and friends! (2 guests per student enrolled allowed at the final days meal. \$15 material fee payable to instructor at the first day of camp.

323160-01 1 week Mon-Fri 8/12-8/16 9am-12pm 6-12 yrs \$150

Science Magic Camp

Edutainment Arts Staff
Marina Community Center- Large Room
151 Marina Dr.

A lot of magic is science. And a lot of science is purely magical. Learn scientific tricks that will have your friends not believing their eyes. Use house hold items to make secret messages, black light paint, glow sticks, pierce a balloon without popping it, stand on an egg without breaking it, and more. Then wow your parents at the end of the week in a science magic show.

323160-06 1 week Mon-Fri 8/12-8/16 12:30-3:30pm 6-12 yrs \$150

CSI - What it takes to be a Detective

Edutainment Arts Staff
Marina Community Center- Small Room
151 Marina Dr.

Learn about the elements of crime solving, with hands on activities that require teamwork and deductive reasoning. Write in secret codes and decipher messages sent by others. All the skills you learn will be called upon to solve a crime at the end of the week.

323160-03 1 week Mon-Fri 8/19-8/23 9am-12pm 6-12 yrs \$150

Photography Camp

Edutainment Arts Staff
Tennis Center Club House, 3900 Lampson Ave.

An introduction to photography using digital cameras. We will learn about shading, lighting, composition, balance and focus. We will also use our skills in photo scavenger hunts to keep our learning fun and exciting. We will create a variety of picture frames and present an art exhibit at the end of the week. We'll supply the cameras, but you are welcome to bring your own. Just bring an SD card to get your photos instantly, or we'll send you a CD of your photos at the end of summer.

323160-09 1 week Mon-Fri 6/24-6/28 12:30-3:30pm 7-12 yrs \$150

IncrediFlix Camps

All flix will be professionally edited and a DVD will be mailed to every student. Production fee check (payable to IncrediFlix) of \$30 is due on the first day of camp. Sign up for both morning and afternoon camps and IncrediFlix will provide lunch supervision and a 10% discount for the second class. Check out Incrediflix.com for examples of each camp!



Lego Flix

IncrediFlix Staff

Marina Community Center- Small Room/Park, 151 Marina Dr.

We know you love Legos and we know you can create incredible worlds. Now it's time to bring those worlds to life in Lego animated flix! We provide the Legos, and you provide your imagination. Students will create a Lego set with Lego characters for a movie they storyboard, write, shoot, and voice-over in age appropriate groups.

| | | | | | | |
|-----------|--------|---------|-----------|----------|----------|-------|
| 327213-01 | 1 week | Mon-Fri | 7/22-7/26 | 9am-12pm | 7-13 yrs | \$157 |
|-----------|--------|---------|-----------|----------|----------|-------|

Green Screen Animation Flix

IncrediFlix Staff

Marina Community Center- Small Room/Park, 151 Marina Dr.

Take your characters underwater, to a volcano, or even to outer space. In this camp you have no limits. In age appropriate groups, you'll brainstorm ideas, create your characters, film your movies with a green screen backdrop, select your locations, and voice-overs. See our website for examples.

| | | | | | | |
|-----------|--------|---------|-----------|-------|----------|-------|
| 327213-02 | 1 week | Mon-Fri | 7/22-7/26 | 1-4pm | 7-13 yrs | \$157 |
|-----------|--------|---------|-----------|-------|----------|-------|

Superhero Filmmaking Flix

IncrediFlix Staff

Marina Community Center-Small Room/Park, 151 Marina Dr.

What super hero power do you want? Flying? Invisibility? Super karate skills? Shot in front of green screen, in this action packed movie camp kids will get to act, write, and direct in their own super hero adventure movie!

| | | | | | | |
|-----------|--------|---------|-----------|----------|----------|-------|
| 327213-03 | 1 week | Mon-Fri | 8/12-8/16 | 9am-12pm | 7-13 yrs | \$157 |
|-----------|--------|---------|-----------|----------|----------|-------|

Creature Animation Flix

IncrediFlix Staff

Marina Community Center- Small Room/Park, 151 Marina Dr.

After you film, the creatures you make will look like they're running around the room! No longer are you stuck inside filming animation in just one spot in our most adventurous stop motion animation camp yet. You'll use arts and crafts to make your creatures, brainstorm story ideas, create storyboards, film, and do your own voice-overs and sound effects in this one of a kind camp. See examples on our website.

| | | | | | | |
|-----------|--------|---------|-----------|-------|----------|-------|
| 327213-04 | 1 week | Mon-Fri | 8/12-8/16 | 1-4pm | 7-13 yrs | \$157 |
|-----------|--------|---------|-----------|-------|----------|-------|

Lego Night Out

IncrediFlix Staff

Marina Community Center- Large Room, 151 Marina Dr.

Have your children join us as we build with Legos, order pizza, have fun, and all while you head out and enjoy yourself elsewhere! We'll build a giant city out of Lego's with each student contributing his or her own ideas for a world completely created by them. So go out and enjoy yourselves and let us take care of everything else! \$5 food and drink fee due upon arrival. Space is limited so sign up early!

| | | | | | | |
|-----------|-------|-----|------|----------|----------|------|
| 327214-01 | 1 day | Fri | 7/26 | 5-8:30pm | 7-12 yrs | \$30 |
|-----------|-------|-----|------|----------|----------|------|

Jump Start Basketball Camp

Jerrit Crosby

Marina Park Basketball Court, 151 Marina Dr.

Participants will learn basic & advanced fundamentals of basketball while learning how to play in a team environment. These skills include shooting, passing, ball handling, transition offense, defense, and rebounding. Optional \$5 t-shirt and water bottle fee payable to instructor at first class.

| | | | | | | |
|-----------|--------|---------|-----------|----------|----------|-------|
| 323993-01 | 1 week | Mon-Fri | 7/15-7/19 | 9am-12pm | 8-13 yrs | \$100 |
| 323993-02 | 1 week | Mon-Fri | 7/22-7/26 | 9am-12pm | 8-13 yrs | \$100 |

Mad Science Camps

Science in Motion

O.C. Mad Science Staff

Marina Community Center- Small Room, 151 Marina Dr.

Discover how things move with science. Take apart owl pellets to see what they can digest. View the world through a camera obscura that you make yourself. Assemble and control pulleys, levers, catapults, and mega pinchers. Take a walk on the wild side to explore the beasts of the fields and the birds of the air. Build your own bird-house, make your own sidewalk chalk, grow your own crystal gardens, play with Magic Mud, and more! \$30 materials fee payable to instructor on the first day of camp. *Sign up for Science in Motion and NASA!! Jr Astronauts the week of 7/29-8/2 and receive complimentary lunch supervision!

| | | | | | | |
|-----------|--------|---------|-----------|----------|----------|-------|
| 327203-01 | 1 week | Mon-Fri | 6/24-6/28 | 9am-12pm | 5-12 yrs | \$135 |
| 327203-04 | 1 week | Mon-Fri | *7/29-8/2 | 9am-12pm | 5-12 yrs | \$135 |





Science Sleuths

O.C. Mad Science Staff
Marina Community Center- Small Room, 151 Marina Dr.

Explore the world of science! Discover space travel as you prepare your "egg-stronaut" for flight and design a crash helmet to protect your "egg-celent" partner. Figure out the tricks of tight rope walkers with CG OWL. Send your friends secret messages using chemical reactions. Discover your scientific passions by exploring life, Earth and physical science. \$30 material fee due the first day of camp.

327203-02 1 week Mon-Fri 7/15-7/19 9am-12pm 5-12 yrs \$135

Rockin' Rockets

O.C. Mad Science Staff
Marina Community Center- Large Room, 151 Marina Dr.

Aerodynamic and motion is the start of this fun filled week! Design and build everything from kites to planes to ROCKETS! Experiment with different propulsion systems as you use your new knowledge to blast off, track and recover all kinds of flying machinery! Have a rockin' good time at this rocket camp! \$20 materials fee payable to instructor on the first day of camp.

327203-03 3 days Mon-Wed 7/1-7/3 9am-12pm 5-12 yrs \$80



NASA!! Jr. Astronauts

O.C. Mad Science Staff
Marina Community Center- Small Room, 151 Marina Dr.

Join our Academy of Future Space Explorers as you prepare to explore the galaxy. Build your own model rocket, race a balloon rocket, and then see the real thing- a rocket launch up to 300 ft. in the air! Make and take home your own comet, Shuttle Copter, glow-in-the-dark bead dipper and much more. Use teamwork to complete an important space mission. Travel to the end of the rainbow and make a sunset. This NASA camp is 'Out of this World!' \$30 material fee due the first day of camp. Sign up for Science in Motion and NASA!! Jr Astronauts the week of 7/29-8/2 and receive complimentary lunch supervision!

327203-05 1 week Mon-Fri 7/29-8/2 1-4pm 5-12 yrs \$135

Crazy Chemworks

O.C. Mad Science Staff
Marina Community Center- Large Room, 151 Marina Dr.

Come and discover what it's like to be a real scientist and work in a Mad Science Lab. Each day will experiment with different chemicals and tools to see what kind of interesting and crazy reactions we can create! Students will explore acids and bases, reveal the secret recipe of slime, examine crystallization, and probe through shifting states of matter, and much, much more. By the end of the week the Jr. Mad Scientists will have their very own chemistry set so they can perform their own experiments at home! \$30 material fee due the first day of camp.

327203-06 1 week Mon-Fri 8/19-8/23 9am-12pm 5-12 yrs \$135

Let's Get Growing Preschool Lab

O.C. Mad Science Staff
Marina Community Center- Large Room, 151 Marina Dr.

Investigate the science of nature with this fun summer camp for the youngest of scientists. Cultivate your interest in life science as you learn about insects weather plants and soil. Experience fun hands-on experiments in this week long lab. Parent participation not required. Must be potty trained. \$30 material fee due the first day of camp.

327203-07 1 week Mon-Fri 8/19-8/23 9am-12pm 3-5 yrs \$135

Total Sport Camp

The Total Sport Camp

Coach Scott Durzo & Coaches
McGough Gym, Field and Classroom, 1698 Bolsa Ave., Seal Beach

The Total Sport Camp celebrates 32 consecutive years at McGough! Sports played and introduced: basketball, flag-football, soccer, baseball, capture the flag, lacrosse, floor hockey, and many other fun and exciting activities. Special excursions to local favorite "kid" destinations are planned and optional. Emphasis is placed on good sportsmanship and encouraging your child to their best! Coaches are well trained and have a positive approach to teaching your child! Participants are grouped by age and ability to ensure a positive sport camp experience. E-mail Coach Scott directly if you have any questions at scottdurzo@mac.com or visit www.totalsportcamp.com.

Summer 2013: June 17- August 23/Monday-Friday
10am-3pm/Extended hours available from 7:30am-10am/3pm-5:30pm
Ages: 5-14 yrs

| Total Sport Camp | 5 Day Kid Card | 10 Day Kid Card | 15 Day Kid Card | 20 Day Kid Card | 30 Day Kid Card | Daily Rate (4 Days or Less) |
|------------------|----------------|-----------------|-----------------|-----------------|-----------------|-----------------------------|
| Fee | \$160 | \$310 | \$450 | \$590 | \$850 | \$40 |
| Class # | 327011-01 | 327011-02 | 327011-03 | 327011-04 | 327011-05 | 327013-01 |

Surf Camps

M&M Surf Camps

Michael Pless
Seal Beach - 8th St @ Ocean Ave.

Michael Pless, owner and operator of M & M Surfing School has been teaching for over 25 years and has over 50 years of surfing experience. This supervised program is designed to teach beginning and intermediate surfing to small groups with emphasis on safety first, in a fun-filled environment. All instructors are CPR, 1st Aid and Water Safety Certified. Register through the Community Services Office, registration will not be accepted at the class.

| | | | | | | |
|-----------|--------|---------|-----------|---------|----------|-------|
| 367061-01 | 1 week | Mon-Fri | 6/17-6/21 | 8am-2pm | All Ages | \$252 |
| 367061-02 | 1 week | Mon-Fri | 6/24-6/28 | 8am-2pm | All Ages | \$252 |
| 367061-03 | 1 week | Mon-Fri | 7/1-7/5 | 8am-2pm | All Ages | \$252 |
| 367061-04 | 1 week | Mon-Fri | 7/8-7/12 | 8am-2pm | All Ages | \$252 |
| 367061-05 | 1 week | Mon-Fri | 7/15-7/19 | 8am-2pm | All Ages | \$252 |
| 367061-06 | 1 week | Mon-Fri | 7/22-7/26 | 8am-2pm | All Ages | \$252 |
| 367061-07 | 1 week | Mon-Fri | 7/29-8/2 | 8am-2pm | All Ages | \$252 |
| 367061-08 | 1 week | Mon-Fri | 8/5-8/9 | 8am-2pm | All Ages | \$252 |
| 367061-09 | 1 week | Mon-Fri | 8/12-8/16 | 8am-2pm | All Ages | \$252 |
| 367061-10 | 1 week | Mon-Fri | 8/19-8/23 | 8am-2pm | All Ages | \$252 |
| 367061-11 | 1 week | Mon-Fri | 8/26-8/30 | 8am-2pm | All Ages | \$252 |

M&M Summer Surf Pass

Michael Pless
Seal Beach - 8th St @ Ocean Ave.

Summer passes are good for participation in all sessions with the exception of the following block out dates 7/1, 7/2, 7/3, 7/4, 7/5, 8/26, 8/27, 8/28, 8/29, and 8/30. Don't wait, only 30 spots available for this great summer deal!

| | | | | | |
|-----------|---------|-----------|---------|----------|-------|
| 367062-01 | Mon-Fri | 6/17-8/30 | 8am-2pm | All Ages | \$700 |
|-----------|---------|-----------|---------|----------|-------|



Long Beach Marine Institute Summer Camps

Check out the summer camps for the Long Beach Marine Institute in the Summer Shoreline and March 9, 2013 at the Summer Camp Expo.

Skyhawks Sports Camps

Mini-Hawk

Skyhawks Sports Staff, Heather Park, Heather St @ Lampson Ave.

This baseball, basketball, and soccer program gives children a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. All participants receive a t-shirt, ball and a merit award. The participant-to-coach ratio is approximately 8:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes and sunscreen.

| | | | | | | |
|-----------|--------|---------|-----------|----------|---------|-------|
| 323180-01 | 1 week | Mon-Fri | 7/22-7/26 | 9am-12pm | 4-7 yrs | \$149 |
|-----------|--------|---------|-----------|----------|---------|-------|

Multi-Sport

Skyhawks Sports Staff, Heather Park, Heather St @ Lampson Ave.

In this multi-sport camp we combine baseball, basketball, and soccer into one fun-filled week. Athletes will learn the rules and essentials skills of each sport along with vital life lessons such as respect and teamwork. All participants receive a t-shirt, sport ball, and a merit award. The participant-to-coach ratio is approximately 12:1. Participants should bring appropriate clothing, a lunch and snack, a water bottle, running shoes, a baseball glove, and sunscreen.

| | | | | | | |
|-----------|--------|---------|-----------|---------|----------|-------|
| 323181-01 | 1 week | Mon-Fri | 7/22-7/26 | 9am-3pm | 6-12 yrs | \$169 |
|-----------|--------|---------|-----------|---------|----------|-------|

Soccer

Skyhawks Sports Staff, Heather Park, Heather St @ Lampson Ave.

The #1 camp for learning the fundamentals of soccer. Using our progressional curriculum, campers will gain the technical skills & sport knowledge required for that next step into soccer. All participants receive a t-shirt, soccer ball and player evaluation. The participant-to-coach ratio is approximately 14:1. Participants should bring appropriate clothing, a lunch and snack, a water bottle, shin guards, soccer or running shoes, and sunscreen.

| | | | | | | |
|-----------|--------|---------|-----------|---------|----------|-------|
| 323182-01 | 1 week | Mon-Fri | 6/24-6/28 | 9am-3pm | 7-12 yrs | \$169 |
|-----------|--------|---------|-----------|---------|----------|-------|



Play-Well TEKnologies

Jedi Engineering with LEGO®

Play-Well TEKnologies

Marina Community Center- Large Room, 151 Marina Dr

Build X-Wings, droids, and palaces inspired by designs made a long time ago in a galaxy far, far away. Create motorized sand crawlers, drone assembly lines, and Battle cruisers in this new offering of imaginative and original themes projects.

| | | | | | |
|-----------|---------|-----------|----------|----------|-------|
| 313052-01 | Mon-Fri | 6/17-6/21 | 9am-12pm | 5-6 yrs | \$187 |
| 313052-02 | Mon-Fri | 6/17-6/21 | 1-4pm | 7-12 yrs | \$187 |

Pre-Engineering Fundamentals with LEGO®

Play-Well TEKnologies

Marina Community Center- Large Room, 151 Marina Dr

Have your child become a Play-Well Engineer! Build cities, bridges, motorized cars and planes. With access to over 100,000 pieces of LEGO®, students build what they have only dreamed of with the support of an experienced Play-Well Engineering instructor.

| | | | | | | |
|-----------|--------|---------|-----------|----------|---------|-------|
| 313050-01 | 1 week | Mon-Fri | 6/24-6/28 | 9am-12pm | 5-6 yrs | \$187 |
|-----------|--------|---------|-----------|----------|---------|-------|

Engineering Fundamentals with LEGO®

Play-Well TEKnologies

Marina Community Center- Large Room, 151 Marina Dr

Students explore concepts in physics, architecture, mechanical and structural engineering, from Gear Cars to Battle tracks. The engineer-designed curriculum challenges new and returning students to reach higher levels of engineering comprehension while having fun.

| | | | | | | |
|-----------|--------|---------|-----------|-------|----------|-------|
| 313051-01 | 1 week | Mon-Fri | 6/24-6/28 | 1-4pm | 7-12 yrs | \$187 |
|-----------|--------|---------|-----------|-------|----------|-------|

Robotics Engineering with LEGO®

Play-Well TEKnologies

Marina Community Center- Small Room, 151 Marina Dr

Are you ready to program robots using LEGO®? Learn about building and programming robots using the LEGO Mindstorms system, laptop computers, and Play-Well's 100,000 piece LEGO® kit! Explore the many uses of touch, light, and ultrasonic sensors with a robotic project of your own unique design. Build and program your robot with a partner to avoid obstacles, manipulate objects, communicate with other robots, and much more. Solve problems and have fun in an open-ended, exploratory environment. Enrollment is limited so sign up early!

| | | | | | | |
|-----------|--------|---------|-----------|-------|----------|-------|
| 313053-01 | 1 week | Mon-Fri | 7/15-7/19 | 1-4pm | 7-12 yrs | \$215 |
|-----------|--------|---------|-----------|-------|----------|-------|



Become a Member at the Seal Beach Tennis Center



Membership Program

The Center offers a wonderful Membership Program. Tennis Center Members enjoy a long list of special benefits, including:



- Unlimited personal use of the tennis courts
- Member-Only hours every morning
- Free one hour lesson/skill assessment with Tennis Pro
- Access to the Fitness Center
- Access to the Tennis Center Clubhouse
- Priority court reservations and event and lesson registrations
- Member-Only events & tournaments
- Member-Only discounts, Wi-Fi service, refreshments and towel service

| | | |
|------------------------------------|-----------------|------------------|
| Fitness Membership | \$20 per month | \$220 annually |
| Single Membership | \$95 per month | \$1,045 annually |
| Couple Membership | \$115 per month | \$1,265 annually |
| Family Membership | \$125 per month | \$1,375 annually |
| Junior Membership (under 17 years) | \$50 per month | \$550 annually |

With a \$125.00 one-time administration fee

The Seal Beach Tennis Center is located at 3900 Lampson Avenue. For more information, call 562-598-8624 or visit www.sealbeachtenniscenr.com

Classes taught by Seal Beach Community Services and USPTA Certified Tennis Pro Instructor Brian Collison. Players must bring their own tennis racquet and wear tennis shoes to class. Classes may be combined or cancelled if minimum is not met. New classes may be created if maximums are exceeded. Players may request particular Class Titles, Times, and Locations if courts are available and minimums are met. Please contact Seal Beach Community Services Department for availability (562) 431-2527 x 1344.

Marina Park • 151 Marina Drive • (562) 431-2527 x:1344

| CLASS # | DAY | CLASS TITLE | Session | DATES | WEEKS | TIME | AGE | PRICE | MIN | MAX |
|-----------|----------------|---------------|---------|-----------|-------|-------------|-----------|-------|-----|-----|
| 323010-01 | Monday- Friday | Beginner Camp | 1 | 6/17-6/21 | 1 | 9-10:30am | 6-10 yrs | \$115 | 3 | 10 |
| 323010-02 | | | 2 | 6/24-6/28 | 1 | 9-10:30am | 6-10 yrs | \$115 | 3 | 10 |
| 323010-03 | | | 3 | 7/8-7/12 | 1 | 9-10:30am | 6-10 yrs | \$115 | 3 | 10 |
| 323010-04 | | | 4 | 7/15-7/19 | 1 | 9-10:30am | 6-10 yrs | \$115 | 3 | 10 |
| 323010-05 | Monday- Friday | Advanced Camp | 1 | 6/17-6/21 | 1 | 10:30-12:00 | 10-15 yrs | \$115 | 3 | 10 |
| 323010-06 | | | 2 | 6/24-6/28 | 1 | 10:30-12:00 | 10-15 yrs | \$115 | 3 | 10 |
| 323010-07 | | | 3 | 7/8-7/12 | 1 | 10:30-12:00 | 10-15 yrs | \$115 | 3 | 10 |
| 323010-08 | | | 4 | 7/15-7/19 | 1 | 10:30-12:00 | 10-15 yrs | \$115 | 3 | 10 |

Heather Park • Corner of Heather and Lampson • (562) 431-2527 x1344

| CLASS # | DAY | CLASS TITLE | Session | DATES | WEEKS | TIME | AGE | PRICE | MIN | MAX |
|-----------|----------------|---------------|---------|-----------|-------|-------------|-----------|-------|-----|-----|
| 323011-01 | Monday- Friday | Beginner Camp | 5 | 7/22-7/26 | 1 | 9-10:30am | 6-10 yrs | \$115 | 3 | 10 |
| 323011-02 | | | 6 | 7/29-8/2 | 1 | 9-10:30am | 6-10 yrs | \$115 | 3 | 10 |
| 323011-03 | | | 7 | 8/5-8/9 | 1 | 9-10:30am | 6-10 yrs | \$115 | 3 | 10 |
| 323011-04 | Monday- Friday | Advanced Camp | 5 | 7/22-7/26 | 1 | 10:30-12:00 | 10-15 yrs | \$115 | 3 | 10 |
| 323011-05 | | | 6 | 7/29-8/2 | 1 | 10:30-12:00 | 10-15 yrs | \$115 | 3 | 10 |
| 323011-06 | | | 7 | 8/5-8/9 | 1 | 10:30-12:00 | 10-15 yrs | \$115 | 3 | 10 |

Mcgaugh Campus • 1698 Bolsa Avenue • (562) 431-2527 x1344

| CLASS # | DAY | CLASS TITLE | Session | DATES | WEEKS | TIME | AGE | PRICE | MIN | MAX |
|-----------|----------------|---------------|---------|-----------|-------|-------------|-----------|-------|-----|-----|
| 323012-01 | Monday- Friday | Beginner Camp | 8 | 8/12-8/16 | 1 | 9-10:30am | 6-10 yrs | \$115 | 3 | 10 |
| 323012-02 | | | 9 | 8/19-8/23 | 1 | 9-10:30am | 6-10 yrs | \$115 | 3 | 10 |
| 323012-03 | | | 10 | 8/26-8/30 | 1 | 9-10:30am | 6-10 yrs | \$115 | 3 | 10 |
| 323012-04 | Monday- Friday | Advanced Camp | 8 | 8/12-8/16 | 1 | 10:30-12:00 | 10-15 yrs | \$115 | 3 | 10 |
| 323012-05 | | | 9 | 8/19-8/23 | 1 | 10:30-12:00 | 10-15 yrs | \$115 | 3 | 10 |
| 323012-06 | | | 10 | 8/26-8/30 | 1 | 10:30-12:00 | 10-15 yrs | \$115 | 3 | 10 |



Senior Lunch Program

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a hot, nutritious meal Monday through Friday at the North Seal Beach Center, located at 3333 Saint Cloud Drive. Besides maintaining the physical health of active older adults, the Lunch Program also works to enrich the emotional/physiological health of seniors by sponsoring a wide range of speakers, dances, games, health forums, and other social and educational activities. Meals, support services and transportation are available to all persons age 60+ on a donation basis. The Center is open Monday through Friday, 8am-2pm. Lunch is served at 11:15am. For more information, please call (562) 430-6079 between the hours of 11am and 1pm. If you need transportation to the senior lunch program, arrangements may be made with the City's Dial-A-Ride transportation company. This shuttle service is available to and from the North Seal Beach Senior Lunch Program site which is located in the Rossmoor Shopping Center.

Senior Dial-A-Ride Program in Seal Beach

The Dial-A-Ride component of the program has traditionally offered to deliver a senior resident to any location within the three miles outside City Limits. Dial-A-Ride service is available Monday through Friday from 8 a.m. to 5 p.m., and can be utilized by calling (562) 439-3699 at least 24 hours in advance to schedule date, time, and location. The service can be made for any reason such as doctor's appointments, retail/grocery shopping (within City of Seal Beach), and dining excursions (within City of Seal Beach).

Attention Leisure World Residents: The City's Dial-A-Ride Program will no longer allow users to make reservations for trips that begin at a user's home in Leisure World to another location inside Leisure World. Leisure World currently operates a shuttle service that transports residents throughout Leisure World.

Home Delivered Meals

For homebound individuals 60+ years of ages who are unable to shop/and or prepare meals for themselves, Community Senior Serv delivers three meals directly to their homes – a cold lunch, a frozen dinner, and breakfast items. These meals, which provide 100 percent of the U.S. Nutritional Recommended Dietary Allowance, are available five days per week. Suggested donation is \$4.50/day. For more information, call (714) 220-0224.

Drivers Needed to Deliver Meals

Help us bring smiles to the faces of older adults living in your community. We are in need of volunteer drivers to deliver meals to homebound elders in Seal Beach who are unable to cook and/or shop for themselves. Drivers are needed for one hour a day, Monday thru Friday between 10am and 1pm. On-call backup drivers are also needed in the event that a regularly scheduled driver is unable to deliver. To volunteer, call (714) 220-0224.

In Home Case Management

For older adults who are facing multiple problems, which they cannot resolve on their own, Community Senior Serv Case Managers are available to help them evaluate and find acceptable solutions to their individual needs. Referrals may be made by any concerned individual, physician, Social Service Worker, family member, neighbor, or the senior themselves, Monday through Friday, from 8am-5pm. For more information, call (714) 220-0224.

Friendly Companions

Community Senior Serv serves over 1200 frail, isolated, homebound older adults daily who are in need of companionship. Many homebound elders are lonely and do not or cannot reach out to others. If you find joy in making a difference and enjoy listening or talking, friendly visiting is the right volunteer opportunity for you. Volunteers visit in the home of the older adult and offer warmth, friendship and understanding to make life more meaningful. Volunteers play an important part in the elders well-being by helping to restore feelings of self worth, dignity and promoting independence. Volunteers are needed throughout Central, North and West Orange County. Families are encouraged to volunteer. Call (714) 220-0224 to volunteer.

Referral Assistance

This referral service directs persons 60+ to the appropriate agencies for specific needs. Call the Orange County Senior Information and Referral Line at (714) 567-7500 if you need assistance. This program is designed to provide seniors access to the many agencies and human service programs available that can assist with problems, legal information, nutrition programs and more.

Health Insurance Counseling and Advocacy Program (HICAP)

Trained counselors are available to assist seniors with Medicare rights and protections. They can help with HMO appeals, with information regarding Medi-Gap Plans and/or Long Term Care information. No fee. For more information, call 714-560-0424.

Medicare 101

Cesar Arteaga
Seal Beach Senior Center, 707 Electric Ave.

Learn about Social Security timeframes, how to enroll in Medicare, and the qualifications to receive Medicare. Learn about what Part A, Part B, Part C, and Part D consist of and what it covers and does not cover. The instructor will explain the options that Medicare beneficiaries have to get coverage for and what Medicare does not cover, such as Medicare Advantage plans, Prescription drug plans, and Medicare Supplement plans. Additional plans are also available for those who are receiving financial assistance or for those who have Medicare and Medi-Cal.

| | | | | | | |
|-----------|-------|-----|------|--------|---------|------|
| 256040-01 | 1 day | Mon | 3/18 | 9-11am | 64+ yrs | Free |
| 256040-02 | 1 day | Mon | 4/15 | 9-11am | 64+ yrs | Free |
| 256040-03 | 1 day | Mon | 5/13 | 9-11am | 64+ yrs | Free |

Senior Pinochle Club

Senior Center, 707 Electric Ave.
Free – Drop in – Tuesday 9 a.m. - 3 p.m.

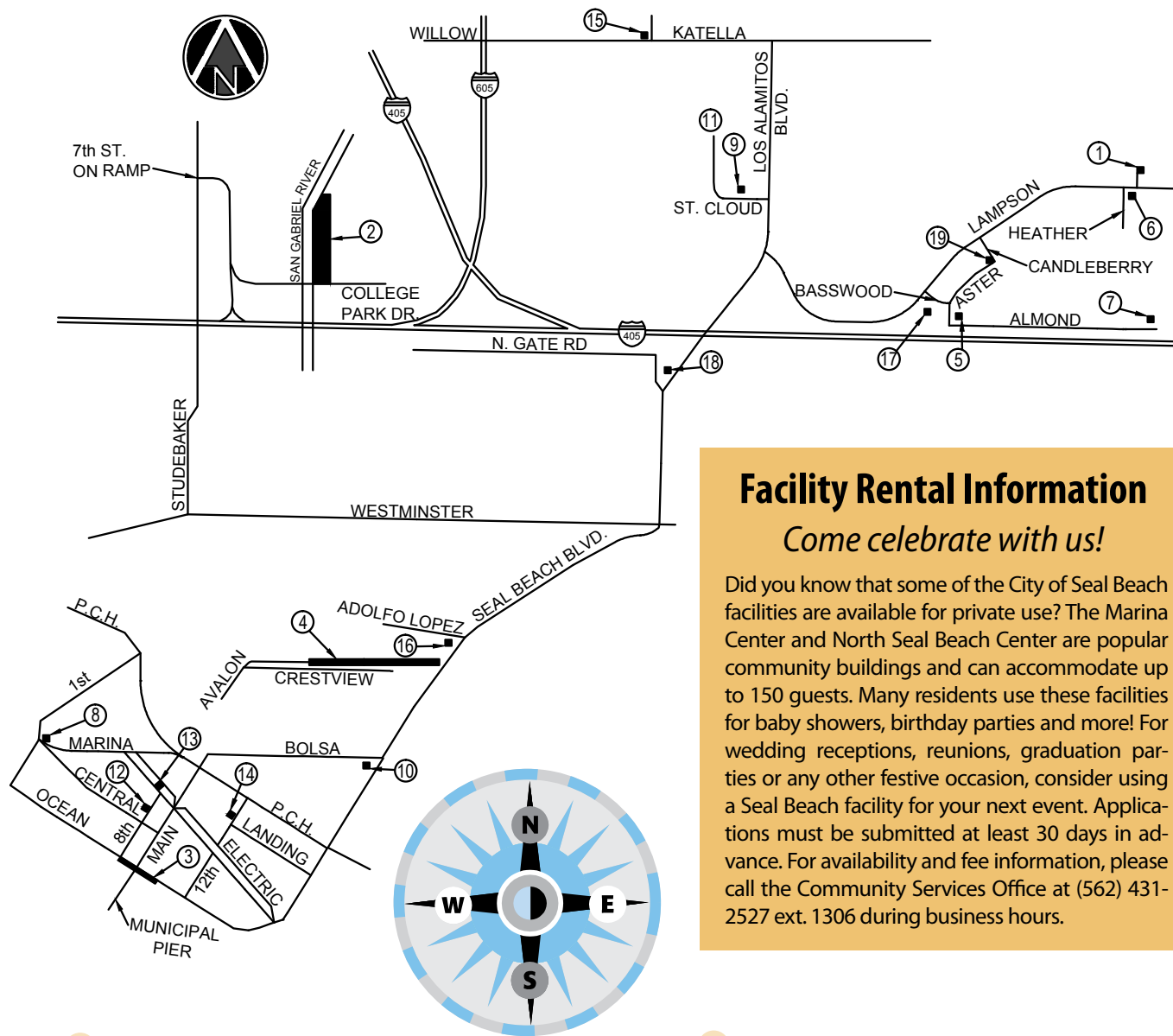
Person 50 years of age and older are invited. The club provides opportunities to meet new friends, develop new interests and socialize.

February 4-April 15 Free Tax Assistance

Mondays at Fire Station #48 Community Room, located at 3131 N.Gate Rd.

Free assistance for taxpayers with low- and middle-income, with special attention to those 60 and older in preparing State and Federal Income Tax returns.

See Page 8 for details.



Facility Rental Information

Come celebrate with us!

Did you know that some of the City of Seal Beach facilities are available for private use? The Marina Center and North Seal Beach Center are popular community buildings and can accommodate up to 150 guests. Many residents use these facilities for baby showers, birthday parties and more! For wedding receptions, reunions, graduation parties or any other festive occasion, consider using a Seal Beach facility for your next event. Applications must be submitted at least 30 days in advance. For availability and fee information, please call the Community Services Office at (562) 431-2527 ext. 1306 during business hours.

1 ARBOR PARK (DOG PARK)

4665 Lampson, behind WestEd Facility
College Park East Off Lampson 100 ft. East of Heather St.
Soccer and Baseball Fields, RR

2 EDISON PARK & GARDENS

99 College Dr, in College Park West
Tot Lot, Basketball Court, Sand Volleyball, Softball Diamond, Public Gardens, PP

3 EISENHOWER PARK

Ocean Ave & Main St, in Old Town Greenbelt adjacent to the Pier

4 GUM GROVE NATURE PARK

On the Hill Corner of Crestview & Avalon Drive
Urban Forest of Eucalyptus Trees, Passive Hiking Trail, PP

5 (BB) BLUEBELL PARK

Almond Ave & Bluebell St., in College Park East
Basketball Court, Play Field & Tot Lot (Lights)

6 (HP) HEATHER PARK

Heather St. & Lampson, in College Park East
Tennis Courts (Lights), Play Field, Tot Lot, PP

7 ALMOND PARK

4600 Almond Avenue. Tot Lot, Play Field, Basketball Courts

8 MARINA CENTER & PARK

151 Marina Dr., at 1st St. in Old Town
Community Center, Tot Lot, Tennis Courts (Lights), Basketball Court (Lights),
Racquetball Courts (Lights), RR, PP

9 NORTH SEAL BEACH CENTER (NSBC)

3333 St. Cloud Dr.
Community Center, Daily Senior Meals, RR

10 MCGAUGH GYMNASIUM,

POOL, TENNIS COURTS & FIELDS

1698 Bolsa Ave., at Seal Beach Blvd, On the Hill.
Pool Office Phone: 430-9612
Public Pool, Gym, Tennis Courts, Play Fields, RR

11 ROSSMOOR/LOS ALAMITOS LIBRARY

12 CITY HALL & RECREATION OFFICE

211 8th St., 2nd floor in Old Town

13 SENIOR CENTER AT MARY WILSON LIBRARY

707 Electric Ave. in Old Town, Senior Center Facility, Greenbelt, RR

14 ZOETER SOFTBALL FACILITY

12th Street & Landing Avenue, Premier Softball Diamond (Lights), RR

15 LOS ALAMITOS COMMUNITY CENTER

10911 Oak St., Los Alamitos (Oak & Katella)
430-1073, Co-Sponsor for Programs

16 SEAL BEACH POLICE

Seal Beach Blvd, at Adolfo Lopez Drive. (562) 799-4100

17 SEAL BEACH TENNIS CENTER

3900 Lampson, just east of Seal Beach Blvd.

18 FIRE STATION #48

Community Room, located at 3131 N. Gate Road

19 ASTER PARK

Aster St. & Candleberry, in College Park East

4 easy ways to REGISTER TODAY

1 MAIL IN

Select the class or classes you are interested in and complete the registration form. Please sign the consent section at the bottom. Mail the completed registration form with a check or money order (do not send cash) made payable to the City of Seal Beach, or your MasterCard or Visa number to:

City of Seal Beach
ATTN: Finance Department
 211 8th Street
 Seal Beach, CA 90740

If you would like to receive a confirmation receipt, please supply a self-addressed, stamped envelope with your registration or request that one be sent to your e-mail address.

Registration Begins
February 19, 2013

2 FAX

Call (562) 430-3498

You may register by fax with your Visa or MasterCard. Fax us 24 hours a day at (562) 430-3498. Please have all your information printed in ink on the form. Credit Card registration must be for amounts in excess of \$20.

3 WALK IN

Open Monday - Friday

Registration can also be made in person at Seal Beach City Hall from 8 am to 5 pm Monday-Friday. Closed from 12-1pm daily.

4 E-mail

Scan and e-mail your registration form to CommunityServices@SealBeachCA.Gov

Refund Policy

► Applications for refunds will be granted only if requested prior to the second class meeting and may be made in person, over the telephone, or by writing us. You will be refunded a prorated fee for the class you attended.

► Refund checks will be mailed within three weeks following the request.

► If the Department cancels a class, before the start date, an automatic refund will be processed at no cost to the registrant.

► A \$25 Service Charge for any check returned unpaid may be assessed (closed account, NSF funds)

► A \$10 Service Charge for any requested REFUND.

Access & Inclusion

In compliance with the Americans with Disabilities Act (ADA), the City of Seal Beach Community Services Department prohibits discrimination on the basis of race, color, national origin, age and disability in all of its programs. All are welcome to register and we encourage your participation. If you have special needs, please contact the Community Services Office at (562) 431-2527, ext.1307.

Community Services Department

City of Seal Beach

211 8th Street
 Seal Beach, CA 90740
 Office (562) 431-2527 ext. 1344
 Fax (562) 430-3498

Office Hours

Monday - Friday; 8 am - 5 pm
 (closed daily 12-1 pm for lunch)

For Your Information: We share instructors and co-sponsor activities and classes to better serve YOU, our most important customer!

CONTENT: We make every effort to ensure the information in the Guide is accurate & up-to-date. We regret that occasional errors occur & we retain the right to amend information & fees.

Please register early to avoid class cancellations.

Submit Your Photos

Have you or your children participated in one of our classes and have high resolution digital photographs that you would like to submit for publication in the Seal Beach *Shoreline*? If so, you can email them to Dana at dkukuruda@sealbeachca.gov.

Please include:

- Your name, address, and telephone number
- Names of those in the photographs and what activity is featured

The statement "I hereby irrevocably consent to and authorize the use and reproduction by the City of Seal Beach or anyone authorized by the City of Seal Beach of any and all photographs. These photographs may be used for any purpose whatsoever, without compensation."

Thank You!



Seal Beach Community Services Department

211 8th Street, Seal Beach, Ca 90740

Community Services Office (562) 431-2527 Ext. 1344 • Office Fax (562) 430-3498

CLASS REGISTRATION FORM

ADULT NAME: _____
LAST NAME FIRST NAME

E-MAIL: _____

ADDRESS: STREET _____ CITY _____ STATE _____ ZIP _____

PHONE: HOME # _____ WORK# _____ MOBILE # _____

EMERGENCY CONTACT: _____ PHONE # _____

Drivers License #: _____ EXP DATE: _____

☐ Check if address or phone number has changed (For returning participants only)

| PARTICIPANT FIRST NAME | LAST NAME | BIRTH DATE | CLASS # | CLASS TITLE | START DATE | FEE \$ | Office Use Only ACCOUNT # |
|------------------------|-----------|------------|---------|-------------|------------|----------|------------------------------|
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | TOTAL \$ | |

RELEASE AND INDEMNIFICATION

I hereby agree to indemnify, defend and hold harmless the City of Seal Beach, its officers, employees, agents and volunteers from and against any and all claims, damages, liability, bodily injury, death, expenses, and judgments, including attorney fees, expert witness fees and court costs in any way arising from my (or my child's) participation in the program for which I am registering him/her. I understand and am familiar with the nature of the event or activity and recognize that this event or activity can be dangerous to me (or my child) and accept those dangers. In case of emergency, I give my permission for emergency medical treatment. I also give my permission to the City of Seal Beach to photograph me or my child participating in this event or activity for advertising purposes for the City of Seal Beach and acknowledge I will not receive any compensation for such use. My signature acknowledges that I understand and agree to the above conditions.

DATED: _____ SIGNATURE: _____
(PARTICIPANT/PARENT OR GUARDIAN)



METHOD OF PAYMENT



MAKE CHECK PAYABLE TO CITY OF SEAL BEACH

☐ CHECK #: _____ CHECK DATE: _____

☐ CASH

☐ VISA  ☐ MASTERCARD 

CARD # - - - EXP. DATE -

SIGNATURE _____ TOTAL CHARGED TO ACCT: \$ _____

City of Seal Beach
CITY HALL
211 8th Street
Seal Beach, CA 90740

POSTAL CUSTOMER
Seal Beach, CA 90740

PRSRT STD
U. S. Postage
PAID
Long Beach, CA
PERMIT #70001

39th Annual **RUN** **SEAL BEACH**

Saturday, April 13, 2013
5K, 10K and Kids 1K Fun Run

RACE TIMES:

7:30 AM - Kids 1K Fun Run

8:00 AM - 5K/10K Run

8:05 AM - 5K Walk

Race Features:

- ▶ **Registration limited to first 5,500**
- ▶ RFD Timing
- ▶ Supervision for kids 1K Fun Run and Fun Zone
- ▶ All registered participants will receive a T-shirt - exact sizes not guaranteed
- ▶ Expo at finish area
- ▶ Water and fruit for participants at finish line
- ▶ May run or walk with baby jogger or dog on leash

For more information or to register, visit
www.RunSealBeach.com

Race Registration

- ▶ Register online at **www.RunSealBeach.com/Register**
- ▶ Complete team/group registration information available online
- ▶ Individual and Team Mail In Forms are also available online
- ▶ There will be no late registration on Friday or Saturday for 5/10K participants. Friday only for Kids 1K participants

▶ **Early Registration** - By 3/16/13

- 5K Run or Walk, 10K Run - \$30.00
- Kids 1K Fun Run - \$15.00
- Team/Groups - \$28.00

▶ **Late Registration** - 3/17-4/9/13 or sell out

- 5K Run or Walk, 10K Run - \$40.00
- Kids 1K Fun Run - \$20.00

▶ **NO RACE DAY REGISTRATION**

Limited Registration
Register Now!

Awards – 5K Walk & 5/10K Runs

Awards to the top 3 finishers in each age division (walkers and runners). Special run awards for overall run champions- Male and Female. First place Seal Beach male and female resident runners to receive special awards. Ribbons to all kids 1K Fun-Run participants. Must be present to claim award. Awards will not be mailed after event.

Age Divisions

10 & under, 11-12, 13-14, 15-16, 17-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Proceeds from this Event:

Proceeds from the race go to benefit recreation programs, services, and facilities in the Greater Seal Beach area. Funds are administered via a grant process to local organizations who meet the criteria. See our website for full qualification details and information at **www.RunSealBeach.com**.

